Newsletters

May/19  Geri-RxFiles Book & Newsletter: tips, pearls & highlights; Topical Cannabis; Vaccine Q & A; Aspirin: When to Prescribe.
May/18  Canadian Family Physician-CFP Articles:
Mar-Apr/17  Bronchitis, Pharyngitis, Sinusitis, Uncomplicated Women Cystitis, Skin/Soft Tissue Infections, Dry Eye & Beta-Lactam Allergy.
Mar/16  DAPT (Dual antiplatelet therapy) & Triple Therapy for CV Indications Newsletter & Chart
Apr-Oct/15  PPI Deprescribing. COPD: New Drugs, Devices & Best Practice
May-Oct/14  Dementia: Bringing Evidence & Experience to Drug Therapy Decision; Geri-RxFiles: Hypertension & Pain Mgt
Oct/13  Drug Therapy in the Older Adult—Often a little less may offer a lot more. (Insomnia, UTI, & Diabetes issues)
Jan/13  Atrial Fibrillation Newsletter (Antiaggregants, Rate vs Rhythm Control)
Jul-Oct/12  Atrial Fibrillation Chart; Constipation/Laxative Chart
Mar/12  Glycemic Targets in the Frail Elderly Q&A
Mar/12  Peri-Pregnancy Newsletter & Chart (pre-conception, 1st, 2nd, 3rd trimesters, post-partum)
Oct/11  Behaviour Management in Dementia: Where Do Antipsychotics Fit?
Mar/11  Opioids in CNCP
Oct/10  Update: Osteoporosis, Vit D/Calcium + Common Infections; Phosphate Binders
Apr/10  Onychomycosis Treatment Newsletter and Anti fungal Drug Chart
Oct/09  Gout Newsletter and Chart
May/09  Chronic Heart Failure: Improve Outcomes, Preventing Admissions & Chart
Oct/08  Type 2 Diabetes (T2DM) Update & Focus on Insulin Management Issues
Aug/08  ADHD Drug Therapy Newsletter & Chart
Mar/08  Overactive Bladder & Urinary Incontinence Comparison Chart
Mar/08  Nausea & Vomiting Treatment Options Chart
Feb/08  IBS: Irritable Bowel Syndrome Newsletter & Drug Comparison Chart
Sept/07  Navigating Acid Suppression Options – Optimal PPI Therapy
Mar/07  Acne Therapy Newsletter & Comparison Chart
Oct/06  Weight Loss Drugs & Smoking Cessation Pharmacotherapy
Mar/06  Asthma Treatment “Questions, Tips, Pearls & Comparisons”
Oct/05  Opioids in Chronic Non-Malignant Pain -Troubleshooting Therapy Issues
June/05  Parkinson’s Disease “Tips & Pearls” & Comparison Chart
Feb/05  Fluoroquinolones – “Too Valuable to Overuse”
Oct/04  POST-MI Troubleshooting Practical Issues
May/04  Drug Resources for Hand-held PDA
Jan/04  Intranasal Corticosteroids (a Supplement to the OTC Products Chart)
Jan/04  OTC (Over-The-Counter) Products/ Adverse Reaction Reporting
May/03  Drug Therapy Issues • Androgens in the Aging Male / Topical Corticosteroids on Face
Feb/03  HYPERTENSION UPDATE: Is anyone leaving samples of thiazide diuretics?

• See also: Landmark Trials Summary (Jan 03); Antihypertension Selection Guide & 1 Page Summary of Agents
• See also: Q&A: How does the Australian (ANBP2) trial compare to ALLHAT? (Mar 03)
• See also: Comparison Charts (Diuretics, Beta-blockers, ACE-Inhibitors & Calcium Channel Blockers)
• See also: Q&A: Does the Australian (ANBP2) trial compare to ALLHAT? (Mar 03)
• See also: Q&A: How does the Australian (ANBP2) trial compare to ALLHAT? (Mar 03)

May/02  HRT Alternatives in Light of the WHI
• See also: Q&A: HRT in Light of the WHI – Data in Perspective • Age & the WHI (including a Patient Handout)
• See also: Postmenopausal & Herbal Options Comparison Charts

May/02  COXIB’S In Clinical Practice; Towards a Saskatchewan Consensus • See also: NSAID Comparison Chart
Feb/02  Lipid Lowering Agents & Comparison Chart
• See also: Q&A & An Overview of ASCOT-LLA – Atorvastatin in Primary Prevention (Apr 03)
• See also: Q&A: Monitoring of Creatine Kinase (CK) in Patients on Statin Therapy (Mar 02)

Oct/01  Agents for Type 2 Diabetes & Hypoglycemic Comparison Chart
• See also: Q&A: Hypoglycemic Drug Interactions; Insulin Comparison Chart; Renal Function Monitoring in Diabetes

July/01  Glaucoma: Topical Treatment Tips & Comparison Chart
May/01  Psychotropic Drugs in the Elderly • See also: Chart Updates - Antidepressants, Antipsychotics, Anxiety, Mood Stabilizer,
Sedation; Q&A: Pharmacological Treatment of Hypersexuality

Feb/01  Acute Otitis Media • See also: Anti-infectives, Oral Comparison Chart Update
Jan/01  Community Acquired Pneumonia • See also: CAP Comparison Chart Update; CAP-Pocket Card (Prediction Tool/Treatment)
Sep/00  Drugs for Influenza • See also: Antivirals Comparison Chart
May/00  Asthma Pharmacotherapy • See also: Asthma Q&A’s (Feb 00); Q&A: COPD - Pharmacotherapy Overview (Feb 00);
Q&A: COPD & Corticosteroids (Feb 00); Comparison Chart Update
Mar/00  Antihypertensive Pharmacotherapy Update • See also: Comparison Charts (Diuretics, Beta-blockers, ACE-Inhibitors & CCBs
Jan/00  COX-2 Specific Inhibitors & NSAID Comparison Chart

• See also: Q&A: Update on Meloxicam (Mobicox) & COX-2 Selectivity (Feb 01);
Q&A: Brexidol - Uncloked! ”{piroxicam-beta-cyclohexin};Q&A: Back Pain Treatment Chart
Jan/00  Hormonal Contraception & Comparison Chart • See also: Q&A: Diane 35 [ethinyl estradiol 35 ug; cyproterone 2mg] (Mar 00)
Sep/99  Postmenopausal Pharmacotherapy & Comparison Chart • See also: Q&A: Chronic Unopposed Vaginal Estrogen Therapy (Oct 99);
Q&A: Natural Hormone Replacement Therapy (NHRT) (Sep 99); Comparison Chart Update
May/99  Acid Suppression & Comparison Chart
Mar/99  H. pylori Eradication Regimens & Comparison Chart
Oct/98  Antidepressants: Interactions Chart; Antidepressant Chart Update
• See also: Q&A: Is Fluoxetine Effective in the Treatment of PMS? (Dec 98); Q&A: St. John’s Wort in the Treatment of Depression (Nov 98);
Q&A: Can Zyban (bupropion/Wellbutrin) be given with SSRIs? (Sept 06)
May/98  Topical Corticosteroids & Comparison Chart
Apr 97-98  Beta Blockers; Calcium Channel Blockers; ACE Inhibitors & Angiotensin II Antagonists; NSAIDs, Dare to Compare
Q&As & Trial Summaries

July/Aug 19

CREDENCE trial with canagliflozin in diabetic nephropathy. ASA-When to Prescribe (Asprey, Arrive, Ascend)

Sep/Jul-Jul/18


Apr/17

TMP/SMX vs Placebo: Skin Abscess. Cystitis going on to pyelonephritis? Amoxil high dose info graphic.

Apr/17


Mar/17

Stroke: Chance, Match, & SPS3 (antiplatelet & BP); A. Fib: Pioneer-AF-PCI. UTT: Nitrofurantoin vs Bactrin.

Apr-Dec/16


Mar/16

DAPT trials: DAPT, PCI-CLARITY, PCI-CURE, PLATO, PEGASUS & TRITON-TIMI. Clopidogrel mortality.

Dec/15

Sprint: Intensive <120 vs Std <140 Blood Pressure Targets; COPD Inhaler Technique. Antibiotic harms & info graphic.

Feb-Apr/15


Dec/14 & Jan/15

Improve-IT: ezetimibe + simvastatin vs simvastatin in ACS pts. Paradigm-HF: valsartan + sacubitril in HF.

May/14

Varenicline for Smoking Cessation (52 vs 12 wks); Orthostatic Hypotension Management

Nov/13


Oct/13

Insomnia: Older Adults. Saxagliptin: CV Outcome-SAVOR-TIMI 53. Abnormal Uterine Bleeding Chart, Diabetes Agents Outcome Comparison Summary Table & Opioid Tapering Template.

Jun/13

Opioids, CNC & Addiction Concern: What Can Pharmacists Do? Statin Intolerance-Management Options

May/13

Aspire & WarfASA trials: ASA preventing recurrent VTE. Senior trial: Solifenacin vs Oxybutynin in MCI

Mar/13

Bacterial vaginosis in pregnancy? BPAD Tx during & after pregnancy? Warf Nomogram & vs DOACs

Jan/13

PALLAS: Dronedarone in High-Risk Permanent Atrial Fibrillation; Dabigatran: does it ↑ MI

Oct/12

RACE-II Trial; Opioid-Induced Constipation Q&A; Hypertension in the Media Q&A; HRT: Dops , Keeps

July/12

New Charts: Hepatitis B & C, Anticholinergic Drugs, Pearls: Elderly & LTC, and Palliative Care

Apr/12

Individualizing Glycemic Targets for the Frail Elderly with T2DM; Statins in the Media

Mar/12

Diabetes in Pregnancy & Gestational Diabetes Mellitus (GDM); Antidepressants in Pregnancy & Lactation

Dec/11

Hirsutism Treatment Chart & Background Trial Summary; Anti-Infective MUMs Guideline 2012 Changes

Dec/11

SHARP trial: simvastatin plus ezetimibe in CKD; AIM-HIGH: Niacin plus statin to prevent vascular events

Sept/11

Catie-AD: Atypical Antipsychotic Drugs in Patients with Alzheimer’s

Jul-Aug/11

Rivaroxaban vs Warfarin in A. Fib (Rocket-AF); Opioid Patch Disposal Tool; Acute vs Palliative vs CNCP;

Diabetes Landmark: Lipid, ASA & BP Trials Summary; Diabetes Overview Approach;
Apixaban vs Warfarin in A. Fib (ARISTOTLE). Varenicline and the Risk of Serious CV Events

Jan-Mar/11

Pain in the Elderly, Opioids vs NSAIDs trial summary; Opioids in the Elderly Q&A; Vapor Rub Trial

Urine Drug Screening. Yaz/Yasmin: Safety Considerations related to Venous Thromboembolism

Sep-Oct/10

Energy Drinks; Vitamin D Overview; RELY: Dabigatran vs Warfarin for AF; ACCORD Lipid & BP

Jun-Aug/10

Buprenorphine Patch (BuTrans), ARBS and Risk of Cancer: Meta-analysis

Oct-Dec/09

Thyroid Management: Hypo & Hyperthyroid Treatment Chart, Antifungal Treatment Chart

Oct/09

Influenza – Overview Chart 2009 - Pandemic H1N1 (pH1N1); Zostavax (Shingles prevention vaccine)

Oct/09

Active A (ASA vs ASA+clopidogrel) & W (ASA+clopidogrel vs warfarin) trials in atrial fibrillation

July/09

Saskatchewan Drug/Health Information Links

July/09

H1N1 (Swine Flu) Links; RECORD Trial Summary- Rosiglitazone for cardiovascular outcomes in T2DM

Apr-May/09

HPV in the Elderly, Opioids vs NSAIDs trial summary; Opioids in the Elderly Q&A; Vapor Rub Trial

Jan/09

PPIS May Effectiveness Of Clopidogrel. What’s the scoop on ACEI & ARB combinations causing harm?

Jan/09

What’s the scoop on ACEI & ARB combinations causing harm?

Dec/08

ACCOMPLISH (Benazepril + amlodipine vs benazepril + hydrochlorothiazide in high cardiac risk hypertensive patients)

Nov/08

JUPITER Trial Overview (Rosuvastatin vs Placebo For Primary Prevention in Moderate-Low Risk Older Adults With Normal LDL, CRP)

Oct/08

Metformin Precautions (Renal, Hepatic & HF); Sitagliptin (Januvia); Insulin Pen Delivery Devices

June/08

ENHANCE Trial Summary (Ezetimibe); Gout Treatment Chart; Pediatric Pain Comparison Chart

June/08

Diabetes Landmark Trials Summary: ADVANCE & ACCORD

Aug/07 & Feb/08

Lumiracoxib (Prexige) and Hepatotoxicity. Darifenacin (Enablex) vs Oxybutynin on Memory Impairment

May/07

Rosiglitazone (Avandia) Cardiovascular Risk; DREAM Trial Overview; Diabetes Prevention Summary

Sept/06

Malaria Prophylaxis CHARISMA Trial Summary (ASA +/- Clopidogrel)

Jan/06

IDEAL- an Overview Herbal: Recent Developments (Cold-Ix, glucosamine & Lakota)

Sept/05

ASCOT-BPLA Trial; Cannabinoids: overview; Chronic Non-Malignant Pain: General Approach

Feb-June/05

Restless Leg Syndrome/ Essential Tremor. QT Prolongation & Torsades de Pointes: Drugs & Sudden Death

Aug-Nov/04

Lipid Therapy Update; Overview of CARDS Trial; Atorvastatin in Type 2 Diabetes

May/04

Overview of PROVE IT-TIMI 22: Atorvastatin high-dose in ACS

Apr-Dec/03


Mar/03

How does the Australian (ANBP2) trial compare to ALLHAT?

Sept-Nov/02

Agapately Patient Handout; HRT in Light of the WHI – Data in Perspective

Mar/02

Monitoring of Creatine Kinase (CK) in Patients on Statin Therapy

Feb-Dec/01

Handling Back Pain Up-Front: Treatment Options; Hypoglycemic Drug Interactions;
Treatment of Hypersexuality Patients; Update on Meloxicam (Mobicox) & COX-2 Selectivity

Mar-Nov/00

Selecting Cold Products Post-PPA: Asthma Q&A’s; COPD - Pharmacotherapy Overview;
COPD & Steroids; Brexidol [piroxicam-beta-cyclodextrin]; Diane 35 [Ethinyl estradiol 35 ug; Cyproterone 2mg]

Sept-Oct/99

Chronic Unopposed Vaginal Estrogen Therapy: ‘Natural’ Hormone Replacement Therapy (NHTR)

Mar-Dec/98

Is Fluoxetin Effective in the Treatment of PMN? Can Zyzax (butropin) be given with SSRIs?

St. John’s Wort in the Treatment of Depression
Antidepressant Drug Interactions Diuretics for Hypertension