



RxFiles: OPIOID AND PAIN RELATED LINKS

www.RxFiles.ca

Available Via Subscription (Individual or Group) to RxFiles Online & Free to Health Professionals in SK

Chronic Pain Treatment Colour Chart – Pain Meds, Comparison of Benefits & Harms (Nov 2017)

<http://www.rxfiles.ca/rxfiles/uploads/documents/members/CHT-Pain-Tx-Outcomes-Colour.pdf>

CNCP Treatment Overview Chart

<http://www.rxfiles.ca/rxfiles/uploads/documents/members/CHT-Pain-Chronic-NonCa.pdf>

Opioids Drug Comparison Chart (Updated Nov 2017)

<http://www.rxfiles.ca/rxfiles/uploads/documents/members/CHT-Opioid.pdf>

Opioid Related Constipation Chart

<http://www.rxfiles.ca/rxfiles/uploads/documents/members/Opioid-Induced-Constipation-QandA.pdf>

Opioid Tapering Prescription (modifiable MS Word version – May 2018)

<http://www.rxfiles.ca/rxfiles/uploads/documents/members/Opioid-Withdrawal-Rx.doc>

Pain Approaches Comparison – Acute/Palliative/CNCP (Updated Nov 2017)

<http://www.rxfiles.ca/rxfiles/uploads/documents/members/CHT-Pain-Approaches-Acute-Palliative-CNCP.pdf>

Pain Overview, Q&A & Acute Pain Chart (Updated May 2017)

<http://www.rxfiles.ca/rxfiles/uploads/documents/members/CHT-PAIN-Acute-Tx.pdf>

Prescribing Opioids Safely (Sept 2017)

<http://www.rxfiles.ca/rxfiles/uploads/documents/members/Prescribing%20Opioids%20Safely.pdf>

Available Free

Patient Consent & Agreement - Opioid

<http://www.rxfiles.ca/rxfiles/uploads/documents/Opioid-Informed-Consent-And-Agreement.pdf>

Opioid Tapering Chart and Template

<http://www.rxfiles.ca/rxfiles/uploads/documents/Opioid-Taper-Template.pdf>

Opioid Tapering Newsletter & Supporting Material (May 2018)

<http://www.rxfiles.ca/rxfiles/uploads/documents/Opioid-Tapering-Newsletter-Compilation.pdf>

a) **CFP Article**: Tapering Opioids Using Motivational Interviewing (Aug 2018)

<http://www.cfp.ca/content/64/8/584>

Opioid Patient Q&A Booklet: – A booklet for patients who may benefit ... reducing or stopping... Opioid (May 18)

<http://www.rxfiles.ca/rxfiles/uploads/documents/Opioid-Patient-Booklet-Taper-RxFiles.pdf>

Opioid / Fentanyl Patch Exchange Tool

<http://www.rxfiles.ca/rxfiles/uploads/documents/Opioid-Patch-Exchange-Disposal-Tool.pdf>

Opioid Clinic Policy - Sample

<http://www.rxfiles.ca/rxfiles/uploads/documents/members/Opioid-Controlled-Substance-Rx-Clinic-POLICY.pdf>

Pain Management in Older Adults

a) Geri-RxFiles Section: Pain Management in Older Adults – Updated Feb, 2017

<http://www.rxfiles.ca/rxfiles/uploads/documents/GeriRxFiles-Pain.pdf>

b) Q&A: <http://www.rxfiles.ca/rxfiles/uploads/documents/GeriRxFiles-Pain.pdf>

c) **CFP Article** (2011): <http://www.cfp.ca/content/57/8/907>

Flow Sheet – Opioids and Controlled Substances

<http://www.rxfiles.ca/rxfiles/uploads/documents/Opioids-Controlled-Substance-RX-FLOW-SHEET.pdf>

Urine Drug Screening Q&A

<http://www.rxfiles.ca/rxfiles/uploads/documents/members/Urine-Drug-Screening-UDS-QandA.pdf>

Opioids & Chronic Non - Cancer Pain (CNCP) - What Can Pharmacists Do to Better Address Both “Pain” & “Addiction/Diversion” Concerns?

<http://www.rxfiles.ca/rxfiles/uploads/documents/Pain-Opioids-Pharmacists-QandA.pdf>

RxFiles Pain Management and Opioids Newsletter – (Nov 2017)

<http://www.rxfiles.ca/rxfiles/uploads/documents/Opioids-Pain-2017-Newsletter.pdf>

PainLinks: Resources for Those Living with Pain (For SK Residents) – (Nov 2017)

www.RxFiles.ca/PainLinks

Exercise Prescription – RxFiles: a) pdf - <http://www.rxfiles.ca/rxfiles/uploads/documents/Exercise-RxFiles-Rx.pdf>

b) modifiable template: <http://www.rxfiles.ca/rxfiles/uploads/documents/Exercise-RxFiles-Rx.doc>

See next page for more

Other Links:

Chronic Non-Cancer Pain & Appendices – (March 2017) – thewellhealth (CEP)

<https://cep.health/clinical-products/chronic-non-cancer-pain/>

Opioid Tapering Template – 2018 - thewellhealth (CEP)

<https://thewellhealth.ca/opioidtaperingtool>

ISMP - Opioid Pain Medicines; Information for Patients and Families

<https://www.ismp-canada.org/download/OpioidStewardship/opioid-handout-bw.pdf>

Opioid Manager Tool from 2011 (facilitate guideline implementation)

<http://nationalpaincentre.mcmaster.ca/opioidmanager/>

2017, May 08 - Canadian Guideline for Opioids for Chronic Pain

<http://nationalpaincentre.mcmaster.ca/guidelines.html>

2019, Sept – US Dept of Health and Human Services (HHS): Guide for Clinicians on the Appropriate Dosage Reduction of Long-Term Opioid Analgesics.

https://www.hhs.gov/opioids/sites/default/files/2019-10/Dosage_Reduction_Discontinuation.pdf

Back Facts 10 facts every person should know (BMJ) <https://bjsm.bmj.com/content/early/2019/12/31/bjsports-2019-101611>

www.RxFiles.ca/PainLinks