### Evidence Based Medicine (EBM) Overview
- New

### CARDIOLOGY
- **Syr CVD Risk Assessment Tool: Cardiovascular**
  - ACE Inhibitor & ARB Chart
  - Beta Blocker Chart
  - Calcium Channel Blocker Chart
  - Diuretics & Misc. Antihypertensives Chart
  - Summary of Antihypertensives, Guidelines & Trials
- **Antplatelet & Antithrombotic Chart**
- **Heart Failure**
- **Lipid Landmark Trials Chart**
- **Lipid Lowering Agents Chart**
- **MI: Post MI Chart**
- **QT Prolongation and Torsades de Pointes: Chart**

### DERMATOLOGY
- **Various OTC** (see Acne, Fungal, Dermatitis, Plantar Warts & Head Lice Chart)
- **Acne Treatment Chart**
- **Topical Corticosteroid Chart**

### EENT (Eye/Ear/Nose/Throat)
- **Various OTC** (Congestion, Cough, Cold & Allergy Chart)
- **Glaucoma (Topical Treatment Chart)**
- **Intranasal Corticosteroids Chart**

### ENDOCRINE & METABOLIC
- **Andropause: Testosterone Replacement Chart**
- **Diabetes: Oral Hypoglycemics Chart**
- **Insulin Chart plus Clinical Tips for Use**
- **Landmark & Diabetes Prevention Trials Chart**
- **Obesity: Weight Loss Drugs Chart**
- **Weight Loss: Herbal Products Chart**

### GASTROINTESTINAL
- **Crohn’s & Ulcerative Colitis Chart**
- **GERD & Peptic Ulcer Disease: Evidence & Chart**
- **H. Pylori Therapy Chart**
- **Irritable Bowel Syndrome Chart**
- **Nausea & Vomiting Symptom Management Chart**
- **Various OTC (GI: Dyspepsia, Constipation, Diarrhea Chart)**

### GENITOURINARY
- **Erectile Dysfunction Chart**
- **Urinary Incontinence Chart**

### INFECTIOUS DISEASE
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- **HIV Chart**
- **Influenza Drug Chart**
- **Malaria Prophylaxis Newsletter**
- **Pneumonia: Community Acquired (CAP) Chart**
- **Pneumonia: Fine Severity Risk & CURB-65 Card**
- **Urinary Tract Infections in Adults Chart**

### MUSCULOSKELETAL & CONNECTIVE TISSUE
- **Back Pain Treatment Chart & Treatment Options**
- **Chronic Non-Malignant Pain Drug Chart**
- **Gout**
- **NSAIDs & Other Analgesics Chart**
- **Opioids Chart**
- **Pediatric Pain Treatment Considerations**
- **Rheumatoid Arthritis: DMARDs Chart**
- **Various OTC (Pain Relief Chart)**

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- **Essential Tremor & Restless Leg Syndrome Chart**
- **Migraine: Acute & Prophylaxis Chart**
- **Multiple Sclerosis**
- **Parkinson’s Treatment Chart**
- **Seizures: Antiepileptics Chart**

### OBS & GYNE
- **Contraception**
  - **Oral Contraceptive (COC’s) Chart**
  - **Other Hormonal Birth Control (non-COC) Chart**
- **Menopausal**
  - **Postmenopausal Herbal Therapy Chart**
- **Postmenopausal Therapy Chart**

### OVER THE COUNTER (OTC) & HERBAL MEDICATIONS
- **Cold-fX, Glucosamine & Lakota Herbal Products Chart**
- **Other Hormonal Birth Control (non-COC) Chart**
- **Post MI Chart**
- **QT Prolongation and Torsades de Pointes: Chart**
- **Acne Treatment Chart**
- **Topical Corticosteroid Chart**
- **Intranasal Corticosteroids Chart**
- **OTC Congestion; Cough; Cold & Allergy Chart**
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- **Meningitis & Meningocele Chart**
- **Asthma Inhalational Devices Chart**
- **Asthma Drug Chart**
- **Drug Abbreviations & Symbols**

### RESPIRATORY
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- **Post MI Chart**
- **QT Prolongation and Torsades de Pointes: Chart**
- **Acne Treatment Chart**
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### SMOKING CESSATION
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### MISCELLANEOUS
- **Cannabis: An Overview**
- **Health Agencies & Regulatory Environment**
- **Patient Safety: Medication Issues**

### INDEXES:
- **Newsletters & Q&A’s**
- **Drug Abbreviations & Symbols**

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Drugs in Pregnancy Risk Classification 1,2,3,4

The following are the codes that appear on some of our charts. This table explains the rating system used.

| RISK FACTOR | CLASSIFICATION | COMMENTS *
<table>
<thead>
<tr>
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<tbody>
<tr>
<td>A</td>
<td>SAFE</td>
<td>No risk. Considered safe in all trimesters. No evidence of fetal risk in controlled studies in humans.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Considered safe in all trimesters.</td>
</tr>
<tr>
<td></td>
<td>LIKELY SAFE</td>
<td>Minimal risk. Either no evidence of risk in animal studies and no risk found in animal studies not reproduced in humans.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>With higher dose, longer duration of drug exposure or near term the risk becomes</td>
</tr>
<tr>
<td></td>
<td>CAUTION</td>
<td>Potential risk. Risk evident from studies in animals and/or no human studies available. Use only if benefit outweighs risk. May be more or less safe depending on trimester.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>With higher dose, longer duration of drug exposure or near term the risk becomes</td>
</tr>
<tr>
<td></td>
<td>EXTREME CAUTION</td>
<td>Positive evidence of risk. Use only if benefit outweighs risk.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>++ Positive evidence of risk.</td>
</tr>
<tr>
<td></td>
<td>CONTRAINDICATED</td>
<td>++ Positive evidence of risk. Avoid in women who are or may become pregnant as risk of use outweighs any benefit.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>With higher dose, longer duration of drug exposure or near term the risk becomes</td>
</tr>
<tr>
<td></td>
<td>UNKNOWN</td>
<td>Risk unknown or untested. Information unavailable/inadequate at this time.</td>
</tr>
</tbody>
</table>

* Rating system has limitations eg. antidepressant frequently used like fluoxetine has a C rating; yet maprotiline (B rating) has less clinical experience. For more information check our website - www.RxFiles.ca or, contact Loren Regier BSP, BA RxFiles, c/o , Saskatoon City Hospital 701 Queen Street Saskatoon, SK S7K 0M7 Canada; Ph (306) 655-8505, Fax (306) 655-7980

RxFiles Academic Detailing Program

Objective comparisons for optimal drug therapy. For more information check our website: www.RxFiles.ca or, contact Loren Regier BSP, BA RxFiles, c/o , Saskatoon City Hospital 701 Queen Street Saskatoon, SK S7K 0M7 Canada; Ph (306) 655-8505, Fax (306) 655-7980

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{NOTE: for additional Canadian information on drugs in pregnancy & lactation see http://www.motherisk.org/index.jsp}