

DID YOU KNOW...

MANY EAR INFECTIONS GET BETTER WITHOUT AN ANTIBIOTIC

EAR INFECTIONS ARE ALSO KNOWN AS ACUTE OTITIS MEDIA

Your provider may recommend **waiting 48 hours**
to help determine whether or not an antibiotic is needed.

How long has your child
been bothered by these
symptoms?

LOW
GRADE
FEVER

IRRITABILITY

RECENT
COLD

EAR PAIN

+/-

DIFFICULTY SLEEPING

Most children will get better
without an antibiotic,
even if the infection is
caused by a bacteria.
You can expect your child
to get better within 7 days.

TIPS FOR PAIN & FEVER RELIEF

- Some options include **acetaminophen** TYLENOL or **ibuprofen** ADVIL/MOTRIN.
- **Schedule** these **regularly** for the first 48 hours while awake, then as required.
- Using a **child's weight** rather than **age** to determine how much medicine to give **may** provide **better pain and/or fever relief**.
- Ask a healthcare provider to help calculate the best dose.

Gone **Viral?**

Skip the antibiotic.



Antimicrobial
Stewardship Program



Saskatchewan
Health Authority



To learn more visit: www.RxFiles.ca/ABX **Promoting antibiotic awareness**