

RxFiles Index of Newsletters, Q&As & Trial Summaries

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Newsletters

Nov/20 & May/21	Heart Failure & Art of Optimizing HF-rEF Medications. PrEP & HIV Newsletter. Infographic: PrEP. OUD: Focus on Suboxone.
Nov/19 & Jun/20	Diabetes Newsletter- Update on Type 2 Diabetes Non-insulin & Insulin Pharmacotherapy
May/19	Geri-RxFiles Book & Newsletter: tips, pearls & highlights; Topical Cannabis; Vaccine Q & A.
Oct/18	Cannabinoids/ Medical Cannabis Newsletter, Patient Booklet & Treatment Agreement
Nov/17- Apr/18	Pain Management & Opioids. Prescribing Opioids Safely in Chronic Pain. Chronic Pain Colour Chart. Tapering Opioids.
Mar-Apr/17	Bronchitis, Pharyngitis, Sinusitis, Uncomplicated Women Cystitis, Skin/Soft Tissue Infections, Dry Eye & Beta-Lactam Allergy.
Oct-Dec/16	Antibiotics & Common Infections: Stewardship & Pearls. <u>Charts</u> : Drug Interaction, Angina & Alcohol Use Disorder
Mar/16	DAPT (Dual antiplatelet therapy) & Triple Therapy for CV Indications Newsletter & Chart
Apr-Oct/15	PPI Deprescribing. COPD: New Drugs, Devices & Best Practice
May-Oct/14	Dementia: Bringing Evidence & Experience to Drug Therapy Decision; Geri-RxFiles: Hypertension & Pain Mgt
Oct/13	Therapy in Older Adults-A little less may offer a lot more. (Insomnia, UTI, & Diabetes issues)
Jan/13	Atrial Fibrillation Newsletter (Anticoagulants, Rate vs Rhythm Control)
Jul-Oct/12	Atrial Fibrillation Chart; Constipation/Laxative Chart
May/12	Glycemic Targets in the Frail Elderly Q&A
Mar/12	Peri-Pregnancy Newsletter & Chart (pre-conception, 1 st , 2 nd , 3 rd trimesters, post-partum)
Oct/11	Behaviour Management in Dementia: Where Do Antipsychotics Fit?
Mar/11	Opioids in CNCP
Oct/10	Update: Osteoporosis, Vit D/Calcium + Common Infections; Phosphate Binders
Apr/10	Onychomycosis Treatment Newsletter and Antifungal Drug Chart
Oct/09	Gout Newsletter and Chart
May/09	Chronic Heart Failure- Improve Outcomes, Preventing Admissions & Chart
Oct/08	Type 2 Diabetes (T2DM) Update & Focus on Insulin Management Issues
Aug/08	ADHD Drug Therapy Newsletter & Chart
Mar/08	Overactive Bladder & Urinary Incontinence Comparison Chart
Mar/08	Nausea & Vomiting Treatment Options Chart
Feb/08	IBS: Irritable Bowel Syndrome Newsletter & Drug Comparison Chart
Sept/07	Navigating Acid Suppression Options –Optimal PPI Therapy
Mar/07	Acne Therapy Newsletter & Comparison Chart
Oct/06	Weight Loss Drugs & Smoking Cessation Pharmacotherapy
Mar/06	Asthma Treatment “Questions, Tips, Pearls & Comparisons”
Oct/05	Opioids in Chronic Non-Malignant Pain -Troubleshooting Therapy Issues
June/05	Parkinson's Disease "Tips & Pearls" & Comparison Chart
Feb/05	Fluoroquinolones – “Too Valuable to Overuse”
Oct/04	POST-MI Troubleshooting Practical Issues
May/04	Drug Resources for Hand-held PDA
Jan/04	Intranasal Corticosteroids (a Supplement to the OTC Products Chart)
Jan/04	OTC (Over-The-Counter) Products/ Adverse Reaction Reporting
May/03	Drug Therapy Issues ♦Androgens in the Aging Male / Topical Corticosteroids on Face
Feb/03	HYPERTENSION UPDATE: Is anyone leaving samples of thiazide diuretics? ♦See also: Landmark Trials Summary (Jan 03); Antihypertension Selection Guide ♦See Q&A: How does the Australian (ANBP2) compare to ALLHAT? (Mar 03) ♦See also: Comparison Charts (Diuretics, Beta-blockers, ACE-Inhibitors & CCBs)
May/02	HRT Alternatives in Light of the WHI ♦ See Q&A: HRT in Light of the WHI –Data in Perspective ♦ Age & the WHI (including a Patient Handout) ♦See also: Postmenopausal & Herbal Options Comparison Charts
May/02	COXIB'S In Clinical Practice: Towards a Saskatchewan Consensus ♦See also: NSAID Comparison Chart
Feb/02	Lipid Lowering Agents & Comparison Chart ♦See also: Q&A-An Overview of ASCOT-LLA - Atorvastatin in Primary Prevention (Apr 03) ♦See also: Q&A-Monitoring of Creatine Kinase (CK) in Patients on Statin Therapy (Mar 02)
Oct/01	Agents for Type 2 Diabetes & Hypoglycemic Comparison Chart ♦See also: Q&A-Hypoglycemic Drug Interactions; Insulin Comparison Chart; Renal Function Monitoring in Diabetes
July/01	Glaucoma: Topical Treatment Tips & Comparison Chart
May/01	Psychotropic Drugs in the Elderly ♦ See also: Chart Updates - Antidepressants, Antipsychotics, Anxiety, Mood Stabilizer, Sedation; Q&A-Pharmacological Treatment of Hypersexuality
Feb/01	Acute Otitis Media ♦See also: Anti-infectives, Oral Comparison Chart Update
Jan/01	Community Acquired Pneumonia ♦ See also: CAP Comparison Chart Update; CAP-Pocket Card (Prediction Tool/Treatment)
Sep/00	Drugs for Influenza ♦See also: Antivirals Comparison Chart
May/00	Asthma Pharmacotherapy ♦See also: Asthma Q&A's (Feb 00); Q&A: COPD - Pharmacotherapy Overview (Feb 00); Q&A: COPD & Corticosteroids (Feb 00); Comparison Chart Update
Mar/00	Antihypertensive Pharmacotherapy Update ♦See also: Comparison Charts (Diuretics, Beta-blockers, ACE-Inhibitors & CCBs) Q&A: Alternatives to Nifedipine in the Oral Treatment of Hypertensive Urgencies (Nov 98)
Jan/00	COX-2 Specific Inhibitors & NSAID Comparison Chart ♦See also: Q&A: Update on Meloxicam (Mobicox) & COX-2 Selectivity (Feb 01); Q&A: Bexidol - Uncloaked!" {piroxicam-beta-cyclodextrin};Q&A: Back Pain Treatment Chart
Jan/00	Hormonal Contraception & Comparison Chart ♦See also: Q&A: Diane 35 {ethinyl estradiol 35 ug; cyproterone 2mg} (Mar 00)
Sep/99	Postmenopausal Pharmacotherapy & Comparison Chart ♦ See also: Q&A: Chronic Unopposed Vaginal Estrogen Therapy (Oct 99); Q&A: Natural' Hormone Replacement Therapy (NHRT) (Sep 99); Comparison Chart Update
May/99	Acid Suppression & Comparison Chart
Mar/99	H. pylori Eradication Regimens & Comparison Chart
Oct/98	Antidepressants: Interactions Chart; Antidepressant Chart Update ♦See also: Q&A: Is Fluoxetine Effective in the Treatment of PMS? (Dec 98); Q&A: St. John's Wort in the Treatment of Depression (Nov 98); Q&A: Can Zyban (bupropion/Wellbutrin) be given with SSRIs? (Sept 06)
May/98	Topical Corticosteroids & Comparison Chart
Apr 97-98	Beta Blockers; Calcium Channel Blockers; ACE Inhibitors & Angiotensin II Antagonists; NSAIDs, Dare to Compare

Q&As & Trial Summaries

Jan-May/21	Chronic Pain & Opioid Use Concerns. Suboxone Infographics on Chronic Pain & Opioid Use Disorder. Sleep Diary. HF Sick Days.
Oct/20	Empedor-Reduced: Empagliflozin in Heart Failure. PATIENT booklets- Anxiety, Diabetes, Injecting Drugs, & Suboxone
Nov/19Apr-Sept/20	Vit D High dose trial. Victoria: Vericiguat in Heart Failure. Suboxone: Graphics, Micro-dosing, Newsletter, Q&A, & Colour comparison
Nov/19	GLP-1 Agonist Major RCT results. SADMANS: diabetes sick days. Exercise Rx. DAPA-HF: dapagliflozin.
July/19	Declare: dapagliflozin; Credence: canagliflozin- diabetic nephropathy. ASA-When to Prescribe (Aspre, Arrive, Ascend)
Sep/17-Jul/18	SHIFT trial with ivabradine in heart failure. Exercise prescription. Pain links. Shingrix. Pain tx- Space & Emerg Dept.
Apr/17	TMP/SMX vs Placebo: Skin Abscess. Cystitis going on to pyelonephritis? Amoxil high dose info graphic.
Apr/17	Nitrofurantoin: Peripheral neuropathy & pulmonary toxicity. Clindamycin vs TPM/SMX in Skin Infection.
Mar/17	Stroke: Chance, Match, & SPS3 (antiplatelet & BP); A. Fib: Pioneer-AF-PCI. UTI: Nitrofurantoin _{3d} vs Bactrim _{5d} .
Apr-Dec/16	Diabetes trials: Empa-Reg, Iris, Leader, Elixia, Tecos. COPD trials: Flame. Antibiotics: CAP-Start & Bronchitis.
Mar/16	DAPT trials: DAPT, PCI-CLARITY, PCI-CURE, PLATO, PEGASUS & TRITON-TIMI. Clopidogrel mortality.
Dec/15	Sprint: Intensive <120 vs Std <140 Blood Pressure Targets; COPD Inhaler Technique. Antibiotic harms & infographic.
Feb-Apr/15	Field: Fenofibrate in pts with Diabetes by Gender. Bioequivalency of Medications. Insulin graphic.
Dec/14 & Jan/15	Improve-IT: ezetimibe + simvastatin vs simvastatin in ACS pts. Paradigm-HF: valsartan + sacubitril in HF.
May/14	Varenicline for Smoking Cessation (52 vs 12 wks); Orthostatic Hypotension Management
Nov/13	SPREAD-DIMCAD: Glipizide vs Metformin CV outcomes. Hypertension Urgency. Pain Overview & Tx.
Oct/13	Insomnia: Older Adults. Saxagliptin: CV Outcome-SAVOR-TIMI 53. Abnormal Uterine Bleeding Chart, Diabetes Agents Outcome Comparison Summary Table & Opioid Tapering Template.
Jun/13	Opioids, CNCP & Addiction Concern: What Can Pharmacists Do? Statin Intolerance-Management Options
May/13	Aspire & WarfASA trials: ASA preventing recurrent VTE. Senior trial: Solifenacin vs Oxybutynin in MCI
Mar/13	Bacterial vaginosis in pregnancy? BPAD Tx during & after pregnancy? Warf Nomogram & vs DOACs
Jan/13	PALLAS: Dronedarone in High-Risk Permanent Atrial Fibrillation; Dabigatran: does it ↑ MI
Oct/12	RACE-II Trial; Opioid-Induced Constipation Q&A; Hypertension in the Media Q&A; HRT: Dops, Keeps
July/12	New Charts: Hepatitis B & C, Anticholinergic Drugs, Pearls: Elderly & LTC, and Palliative Care
Apr/12	Individualizing Glycemic Targets for the Frail Elderly with T2DM; Statins in the Media
Mar/12	Diabetes in Pregnancy & Gestational Diabetes Mellitus (GDM); Antidepressants in Pregnancy & Lactation
Dec/11	Hirsutism Treatment Chart & Background Trial Summary; Anti-Infective MUMs Guideline 2012 Changes
Dec/11	SHARP trial: simvastatin plus ezetimibe in CKD; AIM-HIGH: Niacin plus statin to prevent vascular events
Sept/11	Catie-AD: Atypical Antipsychotic Drugs in Patients with Alzheimer's
Jul-Aug/11	Rivaroxaban vs Warfarin in A. Fib (Rocket-AF); Opioid Patch Disposal Tool; Acute vs Palliative vs CNCP; Diabetes Landmark: Lipid, ASA & BP Trials Summary; Diabetes Overview Approach; Apixaban vs Warfarin in A. Fib (ARISTOTLE). Varenicline and the Risk of Serious CV Events
Jan-Mar/11	Pain in the Elderly, Opioids vs NSAIDs trial summary; Opioids in the Elderly Q&A; Vapor Rub Trial
Sept-Oct/10	Urine Drug Screening. Yaz/Yasmin: Safety Considerations related to Venous Thromboembolism
Jun-Aug/10	Energy Drinks; Vitamin D Overview; RELY: Dabigatran vs Warfarin for AF; ACCORD Lipid & BP
Oct-Dec/09	Buprenorphine Patch (BuTrans), ARBS and Risk of Cancer: Meta-analysis
Oct/09	Thyroid Management: Hypo & Hyperthyroid Treatment Chart, Antifungal Treatment Chart
Sept/09	Influenza – Overview Chart 2009 – Pandemic H1N1 (pH1N1); Zostavax (Shingles prevention vaccine)
July/09	Active A (ASA vs ASA+clopidogrel) & W (ASA+clopidogrel vs warfarin) trials in atrial fibrillation
July/09	Saskatchewan Drug/Health Information Links
July/09	H1N1 (Swine Flu) Links; RECORD Trial Summary- Rosiglitazone for cardiovascular outcomes in T2DM
Apr-May/09	HIV Drug Management Comparison Chart, Vaccines- Adult Comparison Chart
Jan/09	PPIs May ↓ Effectiveness Of Clopidogrel. What's the scoop on ACEI & ARB combinations causing harm?
Jan/09	What's the scoop on ACEI & ARB combinations causing harm?
Dec/08	ACCOMPLISH (Benazepril + amlodipine vs benazepril + hydrochlorothiazide in high cardiac risk hypertensive patients)
Nov/08	JUPITER Trial Overview (Rosuvastatin Vs Placebo For Primary Prevention In Low-Moderate Risk Older Adults With Normal LDL, ↑CRP)
Oct/08	Metformin Precautions (Renal, Hepatic & HF); Sitagliptin (Januvia); Insulin Pen Delivery Devices
June/08	ENHANCE Trial Summary (Ezetimibe); Gout Treatment Chart; Pediatric Pain Comparison Chart
June/08	Diabetes Landmark Trials Summary: ADVANCE & ACCORD
Aug/07 & Feb/08	Lumiracoxib (Prexige) and Hepatotoxicity. Darifenacin (Enablex) vs Oxybutynin on Memory Impairment
May/07	Rosiglitazone (Avandia) Cardiovascular Risk; DREAM Trial Overview; Diabetes Prevention Summary
Sept/06	Malaria Prophylaxis CHARISMA Trial Summary (ASA +/- Clopidogrel)
Jan/06	IDEAL- an Overview Herbal: Recent Developments (Cold-fx, glucosamine & Lakota)
Sept/05	ASCOT-BPLA Trial; Cannabinoids: overview; Chronic Non-Malignant Pain: General Approach
Feb-June/05	Restless Leg Syndrome/ Essential Tremor. QT Prolongation & Torsades de Pointes: Drugs & Sudden Death
Aug-Nov/04	Lipid Therapy Update; Overview of CARDS Trial: Atorvastatin in Type 2 Diabetes
May/04	Overview of PROVE IT-TIMI 22: Atorvastatin high-dose in ACS
Apr-Dec/03	ARBs in Heart Failure: Observations on CHARM. ASCOT-LLA: Atorvastatin in Primary Prevention.
Mar/03	How does the Australian (ANBP2) trial compare to ALLHAT?
Sept-Nov/02	Age & the WHI (including a Patient Handout); HRT in Light of the WHI –Data in Perspective
Mar/02	Monitoring of Creatine Kinase (CK) in Patients on Statin Therapy
Feb-Dec/01	Handling Back Pain Up-Front: Treatment Options; Hypoglycemic Drug Interactions; Treatment of Hypersexuality Patients; Update on Meloxicam (Mobicox) & COX-2 Selectivity
Mar- Nov/00	Selecting Cold Products Post-PPA; Asthma Q&A's; COPD - Pharmacotherapy Overview; COPD & Steroids; Brexidol {piroxicam-beta-cyclodextrin}; Diane 35 {Ethinyl estradiol 35 ug; Cyproterone 2mg}
Sept-Oct/9	Chronic Unopposed Vaginal Estrogen Therapy; 'Natural' Hormone Replacement Therapy (NHRT)
Mar- Dec/98	Is Fluoxetine Effective in the Treatment of PMS? Can Zyban (bupropion) be given with SSRIs? St. John's Wort in the Treatment of Depression Antidepressant Drug Interactions Alternatives to Nifedipine for Hypertensive Urgencies Diuretics for Hypertension

RxFiles 13th Edition Comparison Charts – All Updated to Aug/21 (246 pages, with 25 new pages)

The Standard 13th Edition book is ~9 x 11 inches, full colour print, tabbed and indexed.

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