RxFiles Index of Newsletters, Q&As & Trial Summaries

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Newsletters

Nov/22-Jan/26 **Depression & Anxiety; Menopause; Acute Otitis Media & other Respiratory Tract Infections; Dyslipidemia; CKD; COPD**
Nov/21-Apr/22 **Adult & Adolescent Asthma; Migraine**
Nov/20 & May/21 **Heart Failure & Art of Optimizing HFrEF Medications. PrEP & HIV Newsletter. Infographic: PrEP. OUD: Focus on Suboxone.**
Nov/19 & Jun/20 **Diabetes Newsletter- Update on Type 2 Diabetes Non-insulin & Insulin Pharmacotherapy**
May/19 **Geri-RxFiles Book & Newsletter: tips, pearls & highlights; Topical Cannabis; Vaccine Q & A.**
Oct/18 **Cannabinoids/ Medical Cannabis Newsletter, Patient Booklet & Treatment Agreement**
Nov/17- Apr/18 **Pain Management & Opioids. Prescribing Opioids Safely in Chronic Pain. Chronic Pain Colour Chart. Tapering Opioids.**
Mar-Apr/17 **Bronchitis, Pharyngitis, Sinusitis, Uncomplicated Women Cystitis, Skin/Soft Tissue Infections, Dry Eye & Beta-Lactam Allergy.**
Oct-Dec/16 **Antibiotics & Common Infections: Stewardship & Pearls. Charts: Drug Interaction, Angina & Alcholol Use Disorder**
Mar/16 **DAPT (Dual antiplatelet therapy) & Triple Therapy for CV Indications Newsletter & Chart**
Apr-Oct/15 **PPI Deprescribing. COPD: New Drugs, Devices & Best Practice**
May-Oct/14 **Dementia: Bringing Evidence & Experience to Drug Therapy Decision; Geri-RxFiles: Hypertension & Pain Mgt**
Oct/13 **Therapy in Older Adults-A little less may offer a lot more. (Insomnia, UTI, & Diabetes issues)**
Jan/13 **Atrial Fibrillation Newsletter (Anticoagulants, Rate vs Rhythm Control)**
Jul-Oct/12 **Atrial Fibrillation Chart; Constipation/Laxative Chart**
May/12 **Glycemic Targets in the Frail Elderly Q&A**
Mar/12 **Peri-Pregnancy Newsletter & Chart** (pre-conception, 1st, 2nd, 3rd trimesters, post-partum)
Oct/11 **Behaviour Management in Dementia: Where Do Antipsychotics Fit?**
Mar/11 **Opioids in CNCP**
Oct/10 **Update: Osteoporosis, Vit D/Calcium + Common Infections; Phosphate Binders**
Apr/10 **Onychomycosis Treatment Newsletter and Antifungal Drug Chart**
Oct/09 **Gout Newsletter and Chart**
May/09 **Chronic Heart Failure- Improve Outcomes, Preventing Admissions & Chart**
Oct/08 **Type 2 Diabetes (T2DM) Update & Focus on Insulin Management Issues**
Aug/08 **ADHD Drug Therapy Newsletter & Chart**
Mar/08 **Overactive Bladder & Urinary Incontinence Comparison Chart**
Mar/08 **Nausea & Vomiting Treatment Options Chart**
Feb/08 **IBS: Irritable Bowel Syndrome Newsletter & Drug Comparison Chart**
Sept/07 **Navigating Acid Suppression Options –Optimal PPI Therapy**
Mar/07 **Acne Therapy Newsletter & Comparison Chart**
Oct/06 **Weight Loss Drugs & Smoking Cessation Pharmacotherapy**
Mar/06 **Asthma Treatment "Questions, Tips, Pearls & Comparisons"**
Oct/05 **Opioids in Chronic Non-Malignant Pain -Troubleshooting Therapy Issues**
June/05 **Parkinson's Disease "Tips & Pearls" & Comparison Chart**
Feb/05 **Fluoroquinolones – "Too Valuable to Overuse"**
Oct/04 **POST-MI Troubleshooting Practical Issues**
May/04 **Drug Resources for Hand-held PDA**
Jan/04 **Intranasal Corticosteroids (a Supplement to the OTC Products Chart)**
Jan/04 **OTC (Over-The-Counter) Products/ Adverse Reaction Reporting**
May/03 **Drug Therapy Issues** ◆**Androgens in the Aging Male / Topical Corticosteroids on Face**
Feb/03 **HYPERTENSION UPDATE: Is anyone leaving samples of thiazide diuretics?**
◆See also: Landmark Trials Summary (Jan 03); Antihypertension Selection Guide
◆See Q&A: How does the Australian (ANBP2) compare to ALLHAT? (Mar 03)
◆See also: Comparison Charts (Diuretics, Beta-blockers, ACE-Inhibitors & CCBs)
May/02 **HRT Alternatives in Light of the WHI**
◆ See Q&A: HRT in Light of the WHI –Data in Perspective ◆ Age & the WHI
◆See also: Postmenopausal & Herbal Options Comparison Charts
May/02 **COXIB'S In Clinical Practice: Towards a Saskatchewan Consensus** ◆See also: NSAID Comparison Chart
Feb/02 **Lipid Lowering Agents & Comparison Chart** ◆See also: Q&A-An Overview of ASCOT-LLA - Atorvastatin in Primary Prevention (Apr 03)
◆See also: Q&A-Monitoring of Creatine Kinase (CK) in Patients on Statin Therapy (Mar 02)
Oct/01 **Agents for Type 2 Diabetes & Hypoglycemic Comparison Chart**
◆See also: Q&A-Hypoglycemic Drug Interactions; Insulin Comparison Chart; Renal Function Monitoring in Diabetes
July/01 **Glaucoma: Topical Treatment Tips & Comparison Chart**
May/01 **Psychotropic Drugs in the Elderly** ◆ See also: Chart Updates - Antidepressants, Antipsychotics, Anxiety, Mood Stabilizer, Sedation; Q&A-Pharmacological Treatment of Hypersexuality
Feb/01 **Acute Otitis Media** ◆See also: Anti-infectives, Oral Comparison Chart Update
Jan/01 **Community Acquired Pneumonia** ◆ See also: CAP Comparison Chart Update; CAP-Pocket Card (Prediction Tool/Treatment)
Sep/00 **Drugs for Influenza** ◆See also: Antivirals Comparison Chart
May/00 **Asthma Pharmacotherapy** ◆See also: Asthma Q&A's (Feb 00); Q&A: COPD - Pharmacotherapy Overview (Feb 00); Q&A: COPD & Corticosteroids (Feb 00); Comparison Chart Update
Mar/00 **Antihypertensive Pharmacotherapy Update** ◆See also: Comparison Charts (Diuretics, Beta-blockers, ACE-Inhibitors & CCBs Q&A: Alternatives to Nifedipine in the Oral Treatment of Hypertensive Urgencies (Nov 98)
Jan/00 **COX-2 Specific Inhibitors & NSAID Comparison Chart** ◆See also: Q&A: Update on Meloxicam (Mobicox) & COX-2 Selectivity (Feb 01); Q&A: Brexidol - Uncloaked!" {piroxicam-beta-cyclodextrin};Q&A: Back Pain Treatment Chart
Jan/00 **Hormonal Contraception & Comparison Chart** ◆See also: Q&A: Diane 35 {ethinyl estradiol 35 ug; cyproterone 2mg} (Mar 00)
Sep/99 **Postmenopausal Pharmacotherapy & Comparison Chart** ◆ See also: Q&A: Chronic Unopposed Vaginal Estrogen Therapy (Oct 99); Q&A: Natural' Hormone Replacement Therapy (NHRT) (Sep 99); Comparison Chart Update
Mar-May/99 **Acid Suppression & Comparison Chart. H. pylori Eradication Regimens & Comparison Chart**
Oct/98 **Antidepressants:** Interactions Chart; Antidepressant Chart Update
◆See also: Q&A: Is Fluoxetine Effective in the Treatment of PMS? (Dec 98); Q&A: St. John's Wort in the Treatment of Depression (Nov 98); Q&A: Can Zyban (bupropion/Wellbutrin) be given with SSRIs? (Sept 06)
May/98 **Topical Corticosteroids & Comparison Chart**
Apr 97-98 Beta Blockers; Calcium Channel Blockers; ACE Inhibitors & Angiotensin II Antagonists; NSAIDs, Dare to Compare

Canadian Family Physician-CFP Articles:
Nov 2024 Navigating genitourinary sx of menopause
May 2024 Clinical pearls for management of migraines
Nov 2023 Treating difficult-to-treat depression
Aug 2023 Paxlovid for nonhospitalized Covid-19
Feb 2023 Improper Administration
Aug 2022 Mild Asthma in Adults & Adolescents
Mar 2022 Providing HIV Preexposure Prophylaxis
Dec 2021 Management of Heart Failure- HFrEF
May 2021 Pharmacotherapy for Schizophrenia
Jan 2021 Hypoglycemia in Type 2 Diabetes
Dec 2020 Buprenorphine-naloxone Microdosing
Aug 2020 Optimal Prescribing in Older Adults
May 2020 Manage Diabetes with CAD & CKD-SGLT2
Nov 2019 Navigating Cannabinoid Choices in Pain
Aug 2018 Taper Opioids by Motivational Interview
Aug 2017 Management of Impetigo & Cellulitis
May 2017 Triple Antithrombotics Tx
Nov 2016 DAPT therapy after Coronary Stent
Aug 2016 DAPT therapy for 2º Stroke Prevention
May 2016 Pharmacologic management of COPD
Aug 2015 Abnormal Uterine Bleeding
Feb 2015 Constipation in the Older Adult
May 2014 Hypertension in the Elderly
Aug 2013 Warfarin: Its high and lows
Feb 2013 Rate vs Rhythm in A fib
Aug 2012 Anticoagulation In Atrial Fibrillation
May 2012 Diabetes: Frail elderly-individualize BG
Feb 2012 Management of idiopathic hirsutism
Dec 2011 Behaviour Management in Dementia
Aug 2011 Opioids for CNCP-Elderly
May 2011 IBD: Ulcerative Colitis Case
Dec 2010 Heart Failure Drug Therapy
Sep 2010 Erectile Dysfunction Treatment
Mar 2010 Essential Tremor Therapy
Sep-Dec 2009 Gout Drug Therapy, ADHD Drug Tx
May-Jun 2009 Insulin in T2DM, Acne Management
Dec 2004 RxFiles Drug Comparison Charts

Q&As & Trial Summaries

Apr/25-Nov/25	Trials: Fidelity; Figaro; Fidelio; Confidence; Flow; ONTARGET; RENAAL; MICRO-HOPE; STEP 9; TRAILBLAZER; CLARITY; ENGAGE
Apr/23-Mar/25	Trials: Deliver; Fourier; Reduce-IT; Select; CAPiTA; RSV AREXVY; LODESTAR; Delayed ABX; REPRIEVE; ODYSSEY; FINEARTS.
Nov/21-Nov/22	Asthma FAQs & Trials; Migraine FAQs, Ajovy Trial & Tools; Depression FAQs; Covid Trials & Chart; UTI Trial; Antler & StarD Trials
May/21	Chronic Pain & Opioid Use. Suboxone Infographics- Chronic Pain & OUD. Sleep Diary. HF Sick Days. Emperor-Preserved Trial.
Oct/20	Emperor-Reduced: Empagliflozin in Heart Failure. PATIENT booklets- Anxiety, Diabetes, Injecting Drugs, & Suboxone
Nov/19Apr-Sept/20	Vit D High dose trial. Victoria: Vericiguat in Heart Failure. Suboxone: Graphics, Micro-dosing, Newsletter, Q&A, & Colour comparison
Nov/19	GLP-1 Agonist Major RCT results. SADMANS: diabetes sick days. Exercise Rx. DAPA-HF & DAPA-CKD: dapagliflozin.
July/19	Declare: dapagliflozin; Credence: canagliflozin- diabeteic nephropathy. ASA-When to Prescribe (Aspree, Arrive, Ascend)
Sep/17-Jul/18	SHIFT trial with ivabradine in heart failure. Exercise prescription. Pain links. Shingrix. Pain tx- Space & Emerg Dept.
Apr/17	TMP/SMX vs Placebo: Skin Abscess. Cystitis going on to pyelonephritis? Amoxil high dose info graphic.
Apr/17	Nitrofurantoin: Peripheral neuropathy & pulmonary toxicity. Clindamycin vs TPM/SMX in Skin Infection.
Mar/17	Stroke: Chance, Match, & SPS3 (antiplatelet & BP); A. Fib: Pioneer-AF-PCI. UTI: Nitrofurantoin $_{3d}$ vs Bactrim $_{5d}$.
Apr-Dec/16	Diabetes trials: Empa-Reg, Iris, Leader, Elixa, Tecos. COPD trials: Flame. Antibiotics: CAP-Start & Bronchitis.
Mar/16	DAPT trials: DAPT, PCI-CLARITY, PCI-CURE, PLATO, PEGASUS & TRITON-TIMI. Clopidogrel mortality.
Dec/15	Sprint: Intensive <120 vs Std <140 Blood Pressure Targets; COPD Inhaler Technique. Antibiotic harms & infographic.
Feb-Apr/15	Field: Fenofibrate in pts with Diabetes by Gender. Bioequivalency of Medications. Insulin graphic.
Dec/14 & Jan/15	Improve-IT: ezetimibe + simvastatin vs simvastatin in ACS pts. Paradigm-HF: valsartan + sacubitril in HF.
May/14	Varenicline for Smoking Cessation (52 vs 12 wks); Orthostatic Hypotension Management
Nov/13	SPREAD-DIMCAD: Glipizide vs Metformin CV outcomes. Hypertension Urgency. Pain Overview & Tx.
Oct/13	Insomnia: Older Adults. Saxagliptin: CV Outcome-SAVOR-TIMI 53. Abnormal Uterine Bleeding Chart, Diabetes Agents Outcome Comparison Summary Table & Opioid Tapering Template.
Jun/13	Opioids, CNCP & Addiction Concern: What Can Pharmacists Do? Statin Intolerance-Management Options
May/13	Aspire & WarfASA trials: ASA preventing recurrent VTE. Senior trial: Solifenacin vs Oxybutynin in MCI
Mar/13	Bacterial vaginosis in pregnancy? BPAD Tx during & after pregnancy? Warf Nomogram & vs DOACs
Jan/13	PALLAS: Dronedarone in High-Risk Permanent Atrial Fibrillation; Dabigatran: does it ↑ MI
Oct/12	RACE-II Trial; Opioid-Induced Constipation Q&A; Hypertension in the Media Q&A; HRT: Dops , Keeps
July/12	New Charts: Hepatitis B & C, Anticholinergic Drugs, Pearls: Elderly & LTC , and Palliative Care
Apr/12	Individualizing Glycemic Targets for the Frail Elderly with T2DM; Statins in the Media
Mar/12	Diabetes in Pregnancy & Gestational Diabetes Mellitus (GDM); Antidepressants in Pregnancy & Lactation
Dec/11	Hirsutism Treatment Chart & Background Trial Summary; Anti-Infective MUMs Guideline 2012 Changes
Dec/11	SHARP trial: simvastatin plus ezetimibe in CKD; AIM-HIGH: Niacin plus statin to prevent vascular events
Sept/11	Catie-AD: Atypical Antipsychotic Drugs in Patients with Alzheimer's
Jul-Aug/11	Rivaroxaban vs Warfarin in A. Fib (Rocket-AF); Opioid Patch Disposal Tool; Acute vs Palliative vs CNCP; Diabetes Landmark: Lipid, ASA & BP Trials Summary; Diabetes Overview Approach; Apixaban vs Warfarin in A. Fib (ARISTOTLE). Varenicline and the Risk of Serious CV Events
Jan-Mar/11	Pain in the Elderly, Opioids vs NSAIDs trial summary; Opioids in the Elderly Q&A; Vapor Rub Trial Urine Drug Screening. Yaz/Yasmin: Safety Considerations related to Venous Thromboembolism
Sep-Oct/10	Energy Drinks; Vitamin D Overview; RELY: Dabigatran vs Warfarin for AF; ACCORD Lipid & BP
Jun-Aug/10	Buprenorphine Patch (BuTrans), ARBS and Risk of Cancer: Meta-analysis
Oct-Dec/09	Thyroid Management: Hypo & Hyperthyroid Treatment Chart, Antifungal Treatment Chart
Oct/09	Influenza – Overview Chart 2009 - Pandemic H1N1 (pH1N1); Zostavax (Shingles prevention vaccine)
Sept/09	Active A (ASA vs ASA+clopidogrel) & W (ASA+clopidogrel vs warfarin) trials in atrial fibrillation
July/09	H1N1 (Swine Flu) Links; RECORD Trial Summary- Rosiglitazone for cardiovascular outcomes in T2DM
Apr-May/09	HIV Drug Management Comparison Chart, Vaccines- Adult Comparison Chart
Jan/09	PPIs May ↓Effectiveness Of Clopidogrel. What's the scoop on ACEi & ARB combinations causing harm?
Jan/09	What's the scoop on ACEi & ARB combinations causing harm?
Dec/08	ACCOMPLISH (Benazepril + amlodipine **vs** benazepril + hydrochlorothiazide in high cardiac risk hypertensive patients)
Nov/08	JUPITER Trial Overview (Rosuvastatin Vs Placebo For Primary Prevention In Low-Moderate Risk Older Adults With Normal LDL, ↑CRP)
Oct/08	Metformin Precautions (Renal, Hepatic & HF); Sitagliptin (Januvia); Insulin Pen Delivery Devices
June/08	ENHANCE Trial Summary (Ezetimibe); Gout Treatment Chart; Pediatric Pain Comparison Chart
June/08	Diabetes Landmark Trials Summary: ADVANCE & ACCORD
Aug/07 & Feb/08	Lumiracoxib (Prexige) and Hepatotoxicity. Darifenacin (Enablex) vs Oxybutynin on Memory Impairment
May/07	Rosiglitazone (Avandia) Cardiovascular Risk; DREAM Trial Overview; Diabetes Prevention Summary
Sept/06	Malaria Prophylaxis CHARISMA Trial Summary (ASA +/- Clopidogrel)
Jan/06	IDEAL- an Overview Herbal: Recent Developments (Cold-fX, glucosamine & Lakota)
Sept/05	ASCOT-BPLA Trial; Cannabinoids: overview; Chronic Non-Malignant Pain: General Approach
Feb-June/05	Restless Leg Syndrome/ Essential Tremor. QT Prolongation & Torsades de Pointes: Drugs & Sudden Death
Aug-Nov/04	Lipid Therapy Update; Overview of CARDS Trial: Atorvastatin in Type 2 Diabetes
May/04	Overview of PROVE IT-TIMI 22: Atorvastatin high-dose in ACS
Apr-Dec/03	ARBs in Heart Failure: Observations on CHARM. ASCOT-LLA: Atorvastatin in Primary Prevention.
Mar/03	How does the Australian (ANBP2) trial compare to ALLHAT?
Sept-Nov/02	Age & the WHI (including a Patient Handout) ;HRT in Light of the WHI –Data in Perspective
Mar/02	Monitoring of Creatine Kinase (CK) in Patients on Statin Therapy
Feb-Dec/01	Handling Back Pain Up-Front: Treatment Options; Hypoglycemic Drug Interactions; Treatment of Hypersexuality Patients; Update on Meloxicam (Mobicox) & COX-2 Selectivity
Mar- Nov/00	Selecting Cold Products Post-PPA; Asthma Q&A's; COPD - Pharmacotherapy Overview; COPD & Steroids; Brexidol {piroxicam-beta-cyclodextrin}; Diane 35 {Ethinyl estradiol 35 ug; Cyproterone 2mg}
Sept-Oct/9	Chronic Unopposed Vaginal Estrogen Therapy; 'Natural' Hormone Replacement Therapy (NHRT)
Mar- Dec/98	Is Fluoxetine Effective in the Treatment of PMS? Can Zyban (bupropion) be given with SSRIs? St. John's Wort in the Treatment of Depression Antidepressant Drug Interactions Alternatives to Nifedipine for Hypertensive Urgencies Diuretics for Hypertension

RxFiles 15th Edition **Comparison Charts – All Updated to July/25 (264 pages, with 14 new pages)**

The Standard 15th Edition book is ~9 x 11 inches, full colour print, tabbed and indexed.

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