Newsletters

Nov/19 Diabetes Newsletter- Update on Type 2 Diabetes Non-insulin Pharmacotherapy
May/19 Geri-RxFiles Book & Newsletter: tips, pearls & highlights; Tropical Cannabis; Vaccine Q & A.
Oct/18 Cannabinoids/ Medical Cannabis Newsletter, Patient Booklet & Treatment Agreement
Feb/17-Apr/18 Pain Management & Opioids, Prescribing Opioids Safely in Chronic Pain. Chronic Pain Colour Chart. Tapering Opioids,
Mar-Apr/19 Bronchitis, Pneumonia, Sinusitis, Uncomplicated Women Cystitis, Skin & Soft Tissue Infections, Dry Eye & Beta-Lactam Allergy.
Mar/16 DAPT (Dual antiplatelet therapy) & Triple Therapy for CV Indications Newsletter & Chart
Apr-Oct/15 PPI Deprescribing. COPD: New Drugs, Devices & Best Practice
May-Oct/14 Dementia: Bringing Evidence & Experience to Drug Therapy Decision; Geri-RxFiles: Hypertension & Pain Mgt
Oct/13 Drug Therapy in the Older Adult- Often a little less may offer a lot more. (Insomnia, UTI, & Diabeties issues)
Jan/13 Atrial Fibrillation Newsletter (Antiocoagulants, Rate vs Rhythm Control)
Jul-Oct/12 Atrial Fibrillation Chart: Constipation/Laxative Chart
May/12 Glycemic Targets in the Frail Elderly Q&A
Mar/12 Peri-Pregnancy Newsletter & Chart (pre-conception, 1st, 2nd, 3rd trimesters, part-postpart)
Oct/11 Behaviour Management in Dementia: Where Do Antipsychotics Fit?
Mar/11 Opioids in CNCP
Oct/10 Update: Osteoporosis, Vit D/Calcium + Common Infections; Phosphate Binders
Apr/10 Onychomycosis Treatment Newsletter and Antifungal Drug Chart
Oct/09 Gout Newsletter and Chart
May/09 Chronic Heart Failure- Improve Outcomes, Preventing Admissions & Chart
Oct/08 Type 2 Diabetes (T2DM) Update & Focus on Insulin Management Issues
Aug/08 ADHD Drug Therapy Newsletter & Chart
Mar/08 Obsessive Bladder & Urinary Incontinence Comparison Chart
Mar/08 Nausea & Vomiting Treatment Options Chart
Feb/08 IBS: Irritable Bowel Syndrome Newsletter & Drug Comparison Chart
Sept/07 Navigating Acid Suppression Options –Optimal PPI Therapy
Mar/07 Acne Therapy Newsletter & Comparison Chart
Oct/06 Weight Loss Drugs & Smoking Cessation Pharmacotherapy
Mar/06 Asthma Treatment “Questions, Tips, Pearls & Comparisons”
Oct/05 Opioids in Chronic Non-Malignant Pain -Troubleshooting Therapy Issues
June/05 Parkinson’s Disease “Tips & Pearls” & Comparison Chart
Feb/05 Fluoroquinolones – “Too Valuable to Overuse”
Oct/04 POST-MI Troubleshooting Practical Issues
May/04 Drug Resources for Hand-held PDA
Jan/04 Intramuscular Corticosteroids (a supplement to the OTC Products Chart)
Jan/04 OTC (Over-The-Counter) Products/ Adverse Reaction Reporting
May/03 Drug Therapy Issues •Androgens in the Aging Male / Topical Corticosteroids on Face
Feb/03 HYPERTENSION UPDATE: Is anyone leaving samples of thiaizide diuretics?
• See also: Landmark Trials Summary (Jan 03); Antihypertension Selection Guide & 1 Page Summary of Agents
• See Q&A: How does the Australian (ANBP2) trial compare to ALLHAT? (Mar 03)
• See also: Comparison Charts (Diuretics, Beta-blockers, ACE-Inhibitors & Calcium Channel Blockers)

May/02 HRT Alternatives in Light of the WHI
• See Q&A: HRT in Light of the WHI –Data in Perspective • Age & the WHI (including a Patient Handout)
• See also: Postmenopausal & Herbal Options Comparison Charts
May/02 COXIB’S In Clinical Practice: Towards a Saskatchewan Consensus • See also: NSAID Comparison Chart
Feb/02 Lipid Lowering Agents & Comparison Chart
• See also: Q&A-An Overview of ASCOT-LLA - Atorvastatin in Primary Prevention (Apr 03)
• See also: Q&A-Monitoring of Creatine Kinase (CK) in Patients on Statin Therapy (Mar 02)
Oct/01 Agents for Type 2 Diabetes & Hypoglycemic Comparison Chart
• See also: Q&A-Hypoglycemic Drug Interactions; Insulin Comparison Chart; Renal Function Monitoring in Diabetes
July/01 Glaucoma: Topical Treatment Tips & Comparison Chart
May/01 Psychotropic Drugs in the Elderly • See also: Chart Updates - Antidepressants, Antipsychotics, Anxiety, Mood Stabilizer,
Sedation; Q&A-Pharmacological Treatment of Hypersexuality
Feb/01 Acute Otitis Media • See also: Anti-infectives, Oral Comparison Chart Update
Jan/01 Community Acquired Pneumonia • See also: CAP Comparison Chart Update; CAP-Pocket Card (Prediction Tool/Treatment)
Sep/00 Drugs for Influenza • See also: Antivirals Comparison Chart
May/00 Asthma Pharmacotherapy • See also: Asthma Q&A’s (Feb 00); Q&A: COPD - Pharmacotherapy Overview (Feb 00);
Q&A: COPD & Corticosteroids (Feb 00); Comparison Chart Update
Mar/00 Antihypertensive Pharmacotherapy Update •See also: Comparison Charts (Diuretics, Beta-blockers, ACE-Inhibitors & CCBs)
Q&A: Alternatives to Nifedipine in the Oral Treatment of Hypertensive Urgencies (Nov 98)
Jan/00 COX-2 Specific Inhibitors & NSAID Comparison Chart
• See also: Q&A: Update on Meloxicam (Mobicox) & COX-2 Selectivity (Feb 01);
• Q&A: Bexidol - Uncloaked!” {piroxicam-beta-cyclodextrin};Q&A: Back Pain Treatment Chart
Jan/00 Hormonal Contraception & Comparison Chart • See also: Q&A: Diane 35 {ethinyl estradiol 35 ug; cyproterone 2mg} (Mar 00)
Sep/99 Postmenopausal Pharmacotherapy & Comparison Chart • See also: Q&A: Chronic Unopposed Vaginal Estrogen Therapy (Oct 99);
• Q&A: Natural Hormone Replacement Therapy (NHRT) (Sep 99); Comparison Chart Update
May/99 Acid Suppression & Comparison Chart
Mar/99 H. pylori Eradication Regimens & Comparison Chart
Oct/98 Antidepressants: Interactions Chart; Antidepressant Chart Update
• See also: Q&A: Is Fluoxetine Effective in the Treatment of PMS? (Dec 98); Q&A: St. John’s Wort in the Treatment of Depression
(Nov 98); Q&A: Can Zyban (bupropion/Wellbutrin) be given with SSRIs? (Sept 06)
May/98 Topical Corticosteroids & Comparison Chart
Apr 97-98 Beta Blockers; Calcium Channel Blockers; ACE Inhibitors & Angiotensin II Antagonists; NSAIDs, Dare to Compare
Q&As & Trial Summaries

Apr/20  Vit D High dose trial.
Nov/19  GLP-1 Agonist Major Joint RCT results. SADMM: diabetes sick days. Exercise Rx. DAPA-HF: dapagliflozin.
July/19  Declare: dapagliflozin; Creedence: canagliflozin- diabetic nephropathy. ASA-When to Prescribe (Aspree, Arrange, Ascend)
Apr/17  TMP/SMX vs Placebo: Skin Abscess. Cystitis going on to pyelonephritis? Amoxil high dose info graphic.
Mar/17  Stroke: Chance, Match, & SPS3 (antiplatelet & BP); A Fib: Pioneer-AF-PCI. UTI: Nitrofurantoin vs Bacitracin.
Dec/15  Sprint: Intensive <120 vs Std <140 Blood Pressure Targets; COPD Inhaler Technique. Antibiotic harms & info graphic.
Dec/14 & Jan/15  Improve-IT: ezetimibe + simvastatin vs simvastatin in ACS pts. PARADIGM-HF: valsartan + sacubitril in HF.
May/14  Varenicline for Smoking Cessation (52 vs 12 wks); Orthostatic Hypotension Management.
Oct/13  Insomnia: Older Adults. Saxagliptin: CV Outcome—SAVOR-TIMI 53. Abnormal Uterine Bleeding Chart, Diabetes Agents Outcome Comparison Summary Table & Opioid Tapering Template.
May/13  Aspire & WarfASA trials: ASA preventing recurrent VTE. Senior trial: Solsifenac vs Oxxybutynin in MCI.
Jan/13  PALLAS: Dronedalone in High-Risk Peripheral Attrial Fibrillation; Dabigatran: does it ↑ MI
Oct/12  RACE-II Trial; Opioid-Induced Constipation Q&A; Hypertension in the Media Q&A; HRT: Dops , Keeps
July/12  New Charts: Hepatitis B & C, Anticholinergic Drugs, Pearls: Elderly & LTC, and Palliative Care
Apr/12  Individualizing Glycemic Targets for the Frail Elderly with T2DM; Statins in the Media
Mar/12  Diabetes in Pregnancy & Gestational Diabetes Mellitus (GDM); Antidepressants in Pregnancy & Lactation
Dec/11  Hirsutism Treatment Chart & Background Trial Summary; Anti-Infective MUMs Guideline 2012 Changes
Dec/11  SHARP trial: simvastatin plus ezetimibe in CKD; AIM-HIGH: Niacin plus statin to prevent vascular events
Sep/11  Catie-AD: Atypical Antipsychotic Drugs in Patients with Alzheimer’s
Jul-Aug/11  Rivaroxaban vs Warfarin in A. Fib (Rocket-AF); Opioid Patch Disposal Tool; Acute vs Palliative vs CNCP.
Mar/11  Diabetes Landmark: Lipid, ASA & BP Trials Summary; Diabetes Overview Approach; Apixaban vs Warfarin in A. Fib (ABRISTOTLE).
Pain in the Elderly, Opioids vs NSAIDs trial summary; Opioids in the Elderly Q&A; Vapor Rub Trial
Sep-Oct/10  Energy Drinks; Vitamin D Overview; RELY: Dabigatran vs Warfarin for AF; ACCORD Lipid & BP
Jun-Aug/10  Buprenorphine Patch (BuTrans), ARBS and Risk of Cancer: Meta-analysis
Oct-Dec/09  Thyroid Management: Hypo & Hyperthyroid Treatment Chart, Antifungal Treatment Chart
Oct-Sep/09  Influenza – Overview Chart 2009 - Pandemic H1N1 (pH1N1); Zostavax (Shingles prevention vaccine)
Sep/09  Active A (ASA vs ASA+clopidogrel) & W (ASA+clopidogrel vs warfarin) trials in atrial fibrillation
Jul-Sep/09  Saskatchewan Drug/Health Information Links
July/09  H1N1 (Swine Flu) Links; RECORD Trial Summary- Rosiglitazone for cardiovascular outcomes in T2DM
Apr-May/09  HIV Drug Management Comparison Chart, Vaccines- Adult Comparison Chart
Jan/09  PPIs May | Effectiveness Of Clopidogrel. What’s the scoop on ACEI & ARB combinations causing harm?
Jan/09  What’s the scoop on ACEI & ARB combinations causing harm?
Dec/08  ACCOMPLISH (Benazepril + amlodipine vs benazepril + hydrochlorothiazide in high cardiac risk hypertensive patients)
Nov/08  JUPITER Trial Overview (Rosuvastatin Vs Placebo For Primary Prevention in Moderate-Risk Older Adults With Normal LDL. CRP)
Oct/08  Metformin Precautions (Renal, Hepatic & HF); Sitaglipitin (Januvia); Insulin Pen Delivery Devices
June/08  ENHANCE Trial Summary (Ezetimibe); Gout Treatment Chart; Pediatric Pain Comparison Chart
June/08  Diabetes Landmark Trials Summary: ADVANCE & ACCORD
Aug/07 & Feb/08  Lumiracoxib (Prexige) and Hepatotoxicity. Darifenac (Enablex) vs Oxybutynin on Memory Impairment
May/07  Rosiglitazone (Avandia) Cardiovascular Risk; DREAM Trial Overview; Diabetes Prevention Summary
Sept/06  Malaria Prophylaxis CHARISMA Trial Summary (ASA +/- Clopidogrel)
Jan/06  IDEAL- an Overview Herbal: Recent Developments (Cold-IX, glucosamine & Lakota)
Sept/05  ASCOT-BPLA Trial; Cannabinoids: overview; Chronic Non-Malignant Pain: General Approach
Feb-June/05  Restless Leg Syndrome/ Essential Tremor, QT Prolongation & Torasdes de Pointes: Drugs & Sudden Death
Aug-Nov/04  Lipid Therapy Update; Overview of CARDS Trial: Atorvastatin in Type 2 Diabetes
May/04  Overview of PROVE IT-TIMI 22: Atorvastatin high-dose in ACS
Apr-Dec/03  ARBs in Heart Failure: Observations on CHARM. ASCOT-LA: Atorvastatin in Primary Prevention.
Mar/03  How to compare to ALLHAT?
Sept-Nov/02  Age & the WHII (including a Patient Handout) : HRT in Light of the WHII –Data in Perspective
Mar/02  Monitoring of Creatine Kinase (CK) in Patients on Statin Therapy
Feb-Dec/01  Handling Back Pain Up-Front: Treatment Options; Hypoglycemic Drug Interactions; Treatment of Hypersexuality Patients; Update on Meloxicam (Mobicox) & COX-2 Selectivity
Mar- Nov/00  Selecting Cold Products Post-PPA; Asthma Q&A’s; COPD - Pharmacotherapy Overview;
COPD & Steroids; Brexido [picroxicam-beta-cyclodextrin]; Diane 35 [Ethinyl estradiol 35 ug; Cypotrone 2mg]
Sept-Oct/99  Chronic Unopposed Vaginal Estrogen Therapy; ‘Natural’ Hormone Replacement Therapy (NHT)
Mar- Dec/98  Is Fluoxetine Effective in the Treatment of MDD? Can Zyban (bupropion) be given with SSRIs?
St. John’s Wort in the Treatment of Depression Antidepressant Drug Interactions
Varenicline vs 12 wks; Oracalike HCN, Alternative to Nifedipine for Hypertensive Urgencies
Diuretics for Hypertension

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Comparison Charts – All Updated to Nov/19 (248 pages, with 42 new pages)

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