

DID YOU KNOW...

nearly ALL CASES of ACUTE SINUSITIS
in adults are caused by a VIRUS

NASAL
DISCHARGE

CONGESTION

FACIAL
PAIN

**How long have you
had these symptoms?**

A **BACTERIAL** cause is only suggested when signs & symptoms persist without improvement for **10 days** OR worsen within 10 days after an initial improvement.



98% Viral Acute Sinusitis:
antibiotics NOT required

2% Bacterial Acute Sinusitis

Focus on
SYMPTOM MANAGEMENT

Gone Viral?

Skip the antibiotic.



To learn more visit: www.RxFiles.ca/ABX Promoting antibiotic awareness