



Available Via Subscription (Individual or Group) to *RxFiles Online* & Free to Health Professionals in SK

**Chronic Pain Book – 2<sup>nd</sup> Edition (Feb 2020)**

<http://www.rxfiles.ca/pain>

**Chronic Pain Treatment Colour Chart – Pain Meds, Comparison of Benefits & Harms (Updated May 2020)**

<http://www.rxfiles.ca/rxfiles/uploads/documents/members/CHT-Pain-Tx-Outcomes-Colour.pdf>

**CNCP Treatment Overview Chart (Updated April 2020)**

<http://www.rxfiles.ca/rxfiles/uploads/documents/members/CHT-Pain-Chronic-NonCa.pdf>

**Prescription for Managing Opioid Withdrawal (modifiable MS Word version) (May 2018)**

<http://www.rxfiles.ca/rxfiles/uploads/documents/members/Opioid-Withdrawal-Rx.doc>

**Pain Approaches Comparison – Acute/Palliative/CNCP (Updated Nov 2019)**

<http://www.rxfiles.ca/rxfiles/uploads/documents/members/CHT-Pain-Approaches-Acute-Palliative-CNCP.pdf>

**Pain Overview & Acute Pain Chart (Updated Nov 2019)**

<http://www.rxfiles.ca/rxfiles/uploads/documents/members/CHT-PAIN-Acute-Tx.pdf>

**Opioid Related Constipation Q&A (Updated June 2013)**

<http://www.rxfiles.ca/rxfiles/uploads/documents/members/Opioid-Induced-Constipation-QandA.pdf>

#### Available Free

**Opioid Patient Q&A Booklet (May 2018)**

<http://www.rxfiles.ca/rxfiles/uploads/documents/Opioid-Patient-Booklet-Taper-RxFiles.pdf>

**Buprenorphine-Naloxone for Chronic Pain Patient Q&A Booklet (Oct 2020)**

<https://www.rxfiles.ca/rxfiles/uploads/documents/bup-nal-patient-booklet.pdf>

**PainLinks: Resources for Those Living with Pain (For SK Residents) (Oct 2020)**

[www.RxFiles.ca/PainLinks](http://www.RxFiles.ca/PainLinks)

**Patient Informed Consent & Agreement - Opioid**

<http://www.rxfiles.ca/rxfiles/uploads/documents/Opioid-Informed-Consent-And-Agreement.pdf>

**Opioid Tapering Template**

<http://www.rxfiles.ca/rxfiles/uploads/documents/Opioid-Taper-Template.pdf>

**RxFiles Physical Activity Prescription**

a) <http://www.rxfiles.ca/rxfiles/uploads/documents/Exercise-RxFiles-Rx.pdf>

b) (modifiable MS Word version) <http://www.rxfiles.ca/rxfiles/uploads/documents/Exercise-RxFiles-Rx.doc>

**Opioid / Fentanyl Patch Exchange Tool**

<http://www.rxfiles.ca/rxfiles/uploads/documents/Opioid-Patch-Exchange-Disposal-Tool.pdf>

**Opioid Clinic Policy - Sample**

<http://www.rxfiles.ca/rxfiles/uploads/documents/members/Opioid-Controlled-Substance-Rx-Clinic-POLICY.pdf>

**Geri-RxFiles: Pain Management in Older Adults (June 2019)**

<http://www.rxfiles.ca/rxfiles/uploads/documents/GeriRxFiles-Pain.pdf>

a) **CFP Article:** Opioids for Chronic Noncancer Pain in the Elderly <http://www.cfp.ca/content/57/8/907> (Aug 2011)

**Cannabinoids Newsletter (Feb 2019)**

<https://www.rxfiles.ca/RxFiles/uploads/documents/CANNABINOIDS-Newsletter-CHT-QandA-RxFiles.pdf>

a) **CFP Article:** Navigating Cannabinoid Choices for Chronic Neuropathic Pain in Older Adults (Nov 2019)

<https://www.cfp.ca/content/65/11/807>

**Opioid Tapering Newsletter (May 2018)**

<http://www.rxfiles.ca/rxfiles/uploads/documents/Opioid-Tapering-Newsletter-Compilation.pdf>

a) **CFP Article:** Tapering Opioids Using Motivational Interviewing (Aug 2018)

<http://www.cfp.ca/content/64/8/584>

**Pain Management and Opioids Newsletter – (Nov 2017)**

<http://www.rxfiles.ca/rxfiles/uploads/documents/Opioids-Pain-2017-Newsletter.pdf>

**Opioids & CNCP- What Can Pharmacists Do to Better Address Both “Pain” & “Addiction/Diversion” Concerns?**

<http://www.rxfiles.ca/rxfiles/uploads/documents/Pain-Opioids-Pharmacists-QandA.pdf>

## Other Links

### **CADTH Opioids Evidence Bundle**

<https://www.cadth.ca/evidence-bundles/opioid-evidence-bundle>

### **CADTH Pain Evidence Bundle**

<https://www.cadth.ca/evidence-bundles/pain-evidence-bundle>

### **CADTH Evidence Summaries for Non-Pharmacological Methods for Managing Chronic Pain (Sep 2020)**

<https://cadth.ca/tools/non-drug-ways-manage-chronic-pain>

### **CEP Chronic Non-Cancer Pain Toolkit (May 2018)**

<https://cep.health/clinical-products/chronic-non-cancer-pain/>

### **CEP Opioid Tapering Template (Feb 2018)**

<https://cep.health/clinical-products/opioid-tapering-template/>

### **CEP Opioid Manager (Nov 2017)**

<https://cep.health/clinical-products/opioid-manager/>

### **SHA Opioid Stewardship Program – Practitioner Resources**

<https://www.saskhealthauthority.ca/Services-Locations/stewardship-clinical-appropriateness/Pages/Practitioner-Resources-.aspx>

### **MAC iOPS Naloxone for Opioid Overdose**

<https://pharmacy-nutrition.usask.ca/mac/patients/naloxone-for-opioid-overdose.php>

### **ISMP Opioid Pain Medicines: Information for Patients and Families**

<https://www.ismp-canada.org/download/OpioidStewardship/opioid-handout-bw.pdf>

### **Canadian Guideline for Opioids for Chronic Non-Cancer Pain (May 2017)**

<http://nationalpaincentre.mcmaster.ca/guidelines.html>

### **US Dept of Health and Human Services (HHS): Guide for Clinicians on the Appropriate Dosage Reduction of Long-Term Opioid Analgesics (Oct 2019)**

[https://www.hhs.gov/opioids/sites/default/files/2019-10/Dosage\\_Reduction\\_Discontinuation.pdf](https://www.hhs.gov/opioids/sites/default/files/2019-10/Dosage_Reduction_Discontinuation.pdf)

[www.RxFiles.ca/PainLinks](http://www.RxFiles.ca/PainLinks)