DID YOU KNOW...
MOST CASES of PHARYNGITIS are caused by VIRUSES

Signs & Symptoms of Pharyngitis
Depending on your symptoms, between 50 to 99% of sore throats will be VIRAL and will NOT require antibiotics.
Your provider may wait for the results of a THROAT SWAB to help determine whether or not an antibiotic is needed.

DID YOU KNOW...
nearly ALL CASES of ACUTE SINUSITIS are caused by a VIRUS

DID YOU KNOW...
nearly ALL CASES of ACUTE BRONCHITIS are caused by a VIRUS

Studies have shown that using antibiotics provides no clinical improvement compared to using antibiotics.

Gone Viral?
Skip the antibiotic.

Sometimes NO PRESCRIPTION is the RIGHT PRESCRIPTION

To learn more visit: www.RxFiles.ca/ABX

Promoting antibiotic awareness.
Focus on SYMPTOM MANAGEMENT

**Viral Sinusitis:** antibiotics NOT required

**Bacterial Sinusitis:** may require antibiotics

**DID YOU KNOW...**

nearly ALL CASES of ACUTE SINUSITIS are caused by a VIRUS

**How long have you had these symptoms?**

A **BACTERIAL** cause is only suggested when signs & symptoms persist without improvement for **10 days** OR worsen within 10 days after an initial improvement.

98% **Viral Sinusitis:** antibiotics NOT required

1.7% **Bacterial Sinusitis:** antibiotics NOT required

0.3% **Bacterial Sinusitis:** may require antibiotics

Gone Viral?

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SORE THROAT +/- SWOLLEN and/or WHITE TONSILS COUGH

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**NAGGING COUGH**

**MUCUS**

**CHEST DISCOMFORT**

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**Signs & Symptoms of Acute Bronchitis**

- **90%** Viral Bronchitis: antibiotics **NOT** required
  - Viral cause is even higher in children: 95 - 100%

- **10%** Bacterial Bronchitis

Studies have shown that using antibiotics provides no clinical improvement compared to not using antibiotics.

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**Gone Viral?**

Skip the antibiotic.

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