

# What is **Changed or New** for the RxFiles?











Visit [www.RxFiles.ca](http://www.RxFiles.ca) to get a complete free indexed compilation of all our Newsletters, Q&A's, Trial summaries & list of references.

App updates coming soon: multitasking between apps, manual update feature, & new free demo.



## Table of Contents:

1. Chronological list of some chart changes 2. Latest Newsletter: Dementia 3. Latest Q&A: Yaz/Yasmin: DVT 4. Latest Trial: Aim-High.

Jan-Feb 2012	<ul style="list-style-type: none"> <li>NEW <u>guidelines</u> Antiepileptic &amp; HIV Drug Interactions –AAN 2012 Vaccine –ACIP<sup>USA</sup> &amp; NACI<sup>CDN</sup> 2012 updates<sup>HPV,HB</sup></li> <li>Altitude: Type 2 diabetes with aliskiren &amp; ACE/ARB had ↑ stroke &amp; renal complications</li> </ul>	<ul style="list-style-type: none"> <li>A few new <u>additions</u> to the book: Gelnique (oxybutynin 10% gel) for UI Luxiq (betamethasone<sup>val</sup> 0.12% foam) NYDA (dimeticone 50% soln) for lice Rapaflo (silodosin) for BPH</li> </ul>	<ul style="list-style-type: none"> <li>new Sask. SPDP changes: -EDS: Effient, Janumet, Januvia, Onglyza</li> <li>Gonorrhea Public Health Canada: ↑ dose for cefixime &amp; ceftriaxone</li> </ul>	<ul style="list-style-type: none"> <li>generics ↓cost: clopidogrel, esomeprazole, latanoprost, mycophenolate</li> <li>DI: Citalopram ≥40mg &amp; ↑QT meds</li> <li>Cold-FX extraction process in China</li> <li>Antiepileptics: special access meds<sup>listed</sup></li> </ul>
Nov-Dec 2011	<p>New Pregnancy &amp; Lactation symbols based on color:</p> <ul style="list-style-type: none"> <li><b>PREGNANCY (P):</b> Safe = , Likely Safe = , Caution = , Contraindicated = , Unknown = </li> <li><b>LACTATION (L):</b> Safe = , Likely Safe = , Caution = , Contraindicated = , Unknown = </li> </ul> <p>(See also p. 137 of RxFiles book or Abbreviations &amp; Symbols)</p>	<ul style="list-style-type: none"> <li>A few new <u>additions</u> to the book: Aczone (dapsone 5% gel) for acne Edurant (rilpivirine) for HIV Jalyn (tamsulosin &amp; dutasteride) for BPH Onsolis (fentanyl buccal film) for pain Staxyn (vardenafil) for erectile dysfx Sublinox (zolpidem) for insomnia Zuacta (zucapsaicin) for pain</li> </ul>	<ul style="list-style-type: none"> <li>new Sask. SPDP changes: -full formulary: Lantus &amp; Levemir -EDS: Abilify &amp; Invega Sustenna</li> <li>NEW <u>guidelines</u> AHA-CABG Hypertrophic cardiomyopathy PCI</li> </ul>	<ul style="list-style-type: none"> <li>generics ↓cost: amlodipine &amp; atorvastatin combo, azithromycin IV, ceftriaxone, ramipril &amp; HCTZ combo &amp; sumatriptan SC.</li> <li>HPS 11yr simvastatin follow up good</li> <li>SATURN: similar atherosclerosis regression with atorvastatin or rosuvastatin</li> </ul>
Sep-Oct 2011	<ul style="list-style-type: none"> <li>NEW <u>guidelines</u> ADHD -AAP<sup>eds</sup> Anti-Infective Book (PAACT- orange book) Essential Tremor -AAN<sup>neurology</sup> Hypertension -NICE UK Thyroid disease during Pregnancy -ATA</li> </ul>	<ul style="list-style-type: none"> <li>A few new <u>additions</u> to the book: Banzel (Rufinamide) for seizures Complera (emtricitabine, rilpivirine, tenofovir), Seasonique (Estradiol &amp; levonorgestrel), Trajenta (Linagliptin) for diabetes, Twynsta (amlodipine &amp; telmisartan)</li> </ul>	<ul style="list-style-type: none"> <li>Aristotle: apixaban useful for A. fib</li> <li>Sammpris: med tx of symptomatic intracranial arterial stenosis superior to angioplasty plus stenting</li> <li>AZURE: zoledronic acid <u>not</u> beneficial adjuvant in breast cancer</li> </ul>	<ul style="list-style-type: none"> <li>generics ↓cost: imipenem</li> <li>NSAIDS's may ↑ abortion rate</li> <li>DI: Bactrim &amp; ACEI/ARB/NSAIDs, Simvastatin expanded list⇒ myopathy</li> <li>Saw palmetto <u>not</u> useful for BPH</li> <li>Flu vaccine: age ≥ 6month get 0.5mls</li> </ul>
Aug 2011	<ul style="list-style-type: none"> <li>Acetaminophen ↓agitation/pain in BPSD<sup>Dementia: Husebo '11</sup></li> <li>QT prolongation concerns with quetiapine &amp; doses ≥ 40mg/day of citalopram<sup>FDA</sup></li> <li>Fluconazole for long term doses ≥ 400mg, pregnancy rating has changed from a "C" to a "D",<sup>more concerning</sup></li> </ul>	<ul style="list-style-type: none"> <li>A few new <u>additions</u> to the book: Renvela (Sevelamer<sup>carbonate</sup>) for CKD, Verdeso (desonide foam) steroid<sup>topical</sup></li> <li>Product changes: New Avonex pen &amp; Daypro discontinued.</li> </ul>	<ul style="list-style-type: none"> <li>new EDS criteria for Sask: Adcirca -for pulmonary hypertension Uloric -for select gout cases Vimpat-for adjunctive<sup>refractory</sup> seizure Prolia -for select osteoporosis cases</li> </ul>	<ul style="list-style-type: none"> <li>Rocket-AF: A. fib pts on warfarin or rivaroxaban: non-inferior to warfarin, similar bleeding but ↑↑cost</li> <li>Postpartum use of birth control: Restart date based on VTE risk<sup>CDC '11</sup></li> </ul>
June-July 2011	<ul style="list-style-type: none"> <li>NEW <u>guidelines</u> ACCF/AHA Expert<sup>Consensus</sup>: Hypertension in Elderly</li> <li>FDA Warnings: Actos long term ? bladder cancer, ESA's<sup>Epoetin</sup> Hg &gt;110g/L⇒ ↑MI/stroke</li> <li>new formulations: Hydromorph Contin 4.5mg &amp; 9mg capsules</li> </ul>	<ul style="list-style-type: none"> <li>A few new <u>additions</u> to the book: Abstral (fentanyl SL for pain), Brilinta (ticagrelor for ACS).</li> <li>Varenicline concern of ↑CV events</li> <li>NIHB Addition: Diamicron MR 60mg Prior approval: Actemra, methadone</li> </ul>	<ul style="list-style-type: none"> <li>new DI: organic anion transporting peptid (OATP) in juices<sup>orange ,apple, grapefruit</sup> interactions with: aliskiren, atenolol, ciprofloxacin, fexofenadine</li> </ul>	<ul style="list-style-type: none"> <li>SHARP: CKD pts on ezetimibe + simvastatin vs Placebo: ↓atherosclerotic<sup>events</sup>, but not mortality</li> <li>generics ↓cost: atomoxetine, esomeprazole, nevirapine, zolmitriptan</li> </ul>
Apr-May 2011	<ul style="list-style-type: none"> <li>NEW <u>guidelines</u> CDN Thoracic Society: Dyspnea with COPD CDN CHEP: Hypertension</li> <li>VTE controversy continues with Yaz &amp; Yasmin</li> </ul>	<ul style="list-style-type: none"> <li>A few new <u>additions</u> to the book: Byetta (exenatide SC for diabetes), Seasonique (91 day birth control), Tactuo (adapalene &amp; benzoyl<sup>peroxide</sup>), Zenhale (mometasone &amp; formoterol)</li> </ul>	<ul style="list-style-type: none"> <li>new formulations: Fluad: flu vaccine for elderly</li> <li>NIHB Additions: Lantus Prior approval: Concerta</li> </ul>	<ul style="list-style-type: none"> <li>AIM-HIGH: trial halted, Niaspan ↑stroke vs simvastatin background tx</li> <li>generics ↓cost: alendronate, cefuroxime, irbesartan, levetiracetam, nevirapine, quetiapine, ramipril &amp; repaglinide ...</li> </ul>
Feb-Mar 2011	<ul style="list-style-type: none"> <li>NEW <u>guidelines</u> ACC/AHA NSTEMI/Unstable angina guidelines ACIP-USA Adult vaccine recommendations ADHD-Canadian Caddra guidelines A. fib Canadian CCS guideline: dabigatran an option</li> <li>DI: hypotension with CCB's &amp; eryc / clarithromycin</li> </ul>	<ul style="list-style-type: none"> <li>A few new <u>additions</u> to the book: Biacna (clindamycin &amp; tretinoin gel), Daxas (roflumilast: severe COPD), Gilenya (fingolimod oral for MS), Nucynta (tapentadol CR for pain), Targin (oxycodone + naloxone), Vimovo (naproxen + esomeprazole)</li> </ul>	<ul style="list-style-type: none"> <li>antipsychotics: may have EPS &amp; withdrawal in neonates</li> <li>topiramate was pregnancy "C" but now downgraded to a "D"</li> <li>new Diamicron MR 60mg tab</li> <li>new LithMax SR lithium tablet</li> </ul>	<ul style="list-style-type: none"> <li>carbamazepine: ↑ rash if HLA-B A-3101 allele present</li> <li>new generic valsartan &amp; repaglinide</li> <li>candesartan no benefit in acute stroke (Scast trial)</li> </ul>
Dec'10-Jan'11	<ul style="list-style-type: none"> <li>new Institute of Medicine calcium &amp; Vit D limits</li> <li>Zyban &amp; Champix on formularies<sup>some</sup> 1x/yr coverage</li> <li>Gardasil: FDA anorectal cancer prevention indication</li> </ul>	<ul style="list-style-type: none"> <li>ginseng lacks cognitive benefit</li> <li>opiate concern of fractures &amp; ↑ CV harm in the elderly</li> </ul>	<ul style="list-style-type: none"> <li>↓ MS cost for interferon: Extavia</li> <li>↓ cost for generic Cosopt &amp; Trusopt</li> <li>new generic repaglinide</li> </ul>	<ul style="list-style-type: none"> <li>CDC updated STD tx guidelines</li> <li>Ibuprofen &amp; naproxen DI's with ASA</li> <li>bedtime Eltroxin dosing option</li> </ul>

Oct-Nov 2010

- ◆ new CDN Osteoporosis Guidelines
- ◆ ↑ CVD risks with testosterone replacement
- ◆ pantoprazole Tecta ↓ cost

- ◆ Uloric for gout
- ◆ CCS antiplatelet therapy update
- ◆ NOUGG guidelines for opiate use in chronic pain

- ◆ ↓ cost for Cervarix
- ◆ rivastigmine in delirium: ↑ mortality
- ◆ VADT: ↑ CVD events when DBP <70mmHg

- ◆ Avandia restrictions in USA & CDN
- ◆ ↓calcium total intake to 1200mg/day
- ◆ lower Hg target with Epo in cancer pts by ASCO