

# RxFiles Index of Newsletters, Q&As & Trial Summaries

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## Newsletters

Nov/17 Pain Management & Opioids. Prescribing Opioids Safely in Chronic Pain. Chronic Pain Colour Chart.  
Mar-Apr/17 Bronchitis, Pharyngitis, Sinusitis, Uncomplicated Women Cystitis, Skin/Soft Tissue Infections, Dry Eye & Beta-Lactam Allergy.  
Oct-Dec/16 Antibiotics & Common Infections: Stewardship & Pearls. **Charts:** Drug Interaction, Angina & Alcohol Use Disorder  
Mar/16 DAPT (Dual antiplatelet therapy) & Triple Therapy for CV Indications Newsletter & Chart  
Apr-Oct/15 PPI Deprescribing. COPD: New Drugs, Devices & Best Practice  
May-Oct/14 DAPT (Dual antiplatelet therapy) & Triple Therapy for CV Indications Newsletter & Chart  
Oct/13 Drug Therapy in the Older Adult-Often a little less may offer a lot more. (Insomnia, UTI, & Diabetes issues)  
Jan/13 Atrial Fibrillation Newsletter (Anticoagulants, Rate vs Rhythm Control)  
Jul-Oct/12 Atrial Fibrillation Chart; Constipation/Laxative Chart  
May/12 Glycemic Targets in the Frail Elderly Q&A  
Mar/12 Peri-Pregnancy Newsletter & Chart (pre-conception, 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> trimesters, post-partum)  
Oct/11 Behaviour Management in Dementia: Where Do Antipsychotics Fit?  
Mar/11 Opioids in CNCP  
Oct/10 Update: Osteoporosis, Vit D/Calcium + Common Infections; Phosphate Binders  
Apr/10 Onychomycosis Treatment Newsletter and Antifungal Drug Chart  
Oct/09 Gout Newsletter and Chart  
May/09 Chronic Heart Failure- Improve Outcomes, Preventing Admissions & Chart  
Oct/08 Type 2 Diabetes (T2DM) Update & Focus on Insulin Management Issues  
Aug/08 ADHD Drug Therapy Newsletter & Chart  
Mar/08 Overactive Bladder & Urinary Incontinence Comparison Chart  
Mar/08 Nausea & Vomiting Treatment Options Chart  
Feb/08 IBS: Irritable Bowel Syndrome Newsletter & Drug Comparison Chart  
Sept/07 Navigating Acid Suppression Options –Optimal PPI Therapy  
Mar/07 Acne Therapy Newsletter & Comparison Chart  
Oct/06 Weight Loss Drugs & Smoking Cessation Pharmacotherapy  
Mar/06 Asthma Treatment “Questions, Tips, Pearls & Comparisons”  
Oct/05 Opioids in Chronic Non-Malignant Pain -Troubleshooting Therapy Issues  
June/05 Parkinson's Disease “Tips & Pearls” & Comparison Chart  
Feb/05 Fluoroquinolones – “Too Valuable to Overuse”  
Oct/04 POST-MI Troubleshooting Practical Issues  
May/04 Drug Resources for Hand-held PDA  
Jan/04 Intranasal Corticosteroids (a Supplement to the OTC Products Chart)  
Jan/04 OTC (Over-The-Counter) Products  
May/03 Drug Therapy Issues ♦ Androgens in the Aging Male / Topical Corticosteroids on the Face / Adverse Reaction Reporting  
Feb/03 HYPERTENSION UPDATE: Is anyone leaving samples of thiazide diuretics?  
♦ See also: Landmark Trials Summary (Jan 03); Antihypertension Selection Guide & 1 Page Summary of Agents  
♦ See Q&A: How does the Australian (ANBP2) trial compare to ALLHAT? (Mar 03)  
♦ See also: Comparison Charts (Diuretics, Beta-blockers, ACE-Inhibitors & Calcium Channel Blockers)

May/02 HRT Alternatives in Light of the WHI  
♦ See Q&A: HRT in Light of the WHI –Data in Perspective ♦ Age & the WHI (including a Patient Handout)  
♦ See also: Postmenopausal & Herbal Options Comparison Charts

May/02 COXIB'S In Clinical Practice: Towards a Saskatchewan Consensus ♦ See also: NSAID Comparison Chart

Feb/02 Lipid Lowering Agents & Comparison Chart  
♦ See also: Q&A-An Overview of ASCOT-LLA - Atorvastatin in Primary Prevention (Apr 03)  
♦ See also: Q&A-Monitoring of Creatine Kinase (CK) in Patients on Statin Therapy (Mar 02)

Oct/01 Agents for Type 2 Diabetes & Hypoglycemic Comparison Chart  
♦ See also: Q&A-Hypoglycemic Drug Interactions; Insulin Comparison Chart; Renal Function Monitoring in Diabetes

July/01 Glaucoma: Topical Treatment Tips & Comparison Chart

May/01 Psychotropic Drugs in the Elderly ♦ See also: Chart Updates - Antidepressants, Antipsychotics, Anxiety, Mood Stabilizer, Sedation; Q&A-Pharmacological Treatment of Hypersexuality

Feb/01 Acute Otitis Media ♦ See also: Anti-infectives, Oral Comparison Chart Update

Jan/01 Community Acquired Pneumonia ♦ See also: CAP Comparison Chart Update; CAP-Pocket Card (Prediction Tool/Treatment)

Sep/00 Drugs for Influenza ♦ See also: Antivirals Comparison Chart

May/00 Asthma Pharmacotherapy ♦ See also: Asthma Q&A's (Feb 00); Q&A: COPD - Pharmacotherapy Overview (Feb 00); Q&A: COPD & Corticosteroids (Feb 00); Comparison Chart Update

Mar/00 Antihypertensive Pharmacotherapy Update ♦ See also: Comparison Charts (Diuretics, Beta-blockers, ACE-Inhibitors & CCBs)  
Q&A: Alternatives to Nifedipine in the Oral Treatment of Hypertensive Urgencies (Nov 98)

Jan/00 COX-2 Specific Inhibitors & NSAID Comparison Chart  
♦ See also: Q&A: Update on Meloxicam (Mobicox) & COX-2 Selectivity (Feb 01);  
Q&A: Bexidol - Unloaded! [ piroxicam-beta-cyclodextrin]; Q&A: Back Pain Treatment Chart

Jan/00 Hormonal Contraception & Comparison Chart ♦ See also: Q&A: Diane 35 [ethinyl estradiol 35 ug; cyproterone 2mg] (Mar 00)

Sep/99 Postmenopausal Pharmacotherapy & Comparison Chart ♦ See also: Q&A: Chronic Unopposed Vaginal Estrogen Therapy (Oct 99);  
Q&A: Natural Hormone Replacement Therapy (NHRT) (Sep 99); Comparison Chart Update

May/99 Acid Suppression & Comparison Chart

Mar/99 H. pylori Eradication Regimens & Comparison Chart

Oct/98 Antidepressants: Interactions Chart; Antidepressant Chart Update  
♦ See also: Q&A: Is Fluoxetine Effective in the Treatment of PMS? (Dec 98); Q&A: St. John's Wort in the Treatment of Depression (Nov 98); Q&A: Can Zyanban (bupropion/Wellbutrin) be given with SSRIs? (Sept 06)

May/98 Topical Corticosteroids & Comparison Chart

Apr 97-98 Beta Blockers; Calcium Channel Blockers; ACE Inhibitors & Angiotensin II Antagonists; NSAIDs, Dare to Compare

## Canadian Family Physician-CFP Articles:

Aug 2017 Management of impetigo & cellulitis  
May 2017 Triple Antithrombotics Tx  
Nov 2016 DAPT therapy after coronary stent  
Aug 2016 DAPT therapy for 2<sup>nd</sup> Stroke Prevention  
May 2016 Pharmacologic management of COPD  
Aug 2015 Abnormal Uterine Bleeding  
Feb 2015 Constipation in the Older Adult  
May 2014 Hypertension in the Elderly  
Aug 2013 Warfarin: Its high and lows  
Feb 2013 Rate vs Rhythm in A fib  
Aug 2012 Atrial Fibrillation In Atrial Fibrillation  
May 2012 Diabetes: Frail elderly-individualize BG  
Feb 2012 Management of idiopathic hirsutism  
Dec 2011 Behaviour Management in Dementia  
Aug 2011 Opioids for CNCP-Elderly  
May 2011 IBD: Ulcerative Colitis Case  
Dec 2010 Heart Failure Drug Therapy  
Sep 2010 Erectile Dysfunction Treatment  
Mar 2010 Essential Tremor Therapy  
Dec 2009 Gout Drug Therapy  
Sep 2009 ADHD Drug Therapy  
Jun 2009 Insulin in T2DM  
May 2009 Acne Management  
Dec 2004 RxFiles Drug Comparison Charts

## Q&As & Trial Summaries

Sep/17 SHIFT trial with ivabradine in heart failure. Exercise prescription. Pain links.  
Apr/17 TMP/SMX vs Placebo: Skin Abscess. Cystitis going on to pyelonephritis? Amoxicillin high dose info graphic.  
Apr/17 Nitrofurantoin: Peripheral neuropathy & pulmonary toxicity. Clindamycin vs TMP/SMX in Skin Infection.  
Mar/17 Stroke: Chance, Match, & SPS3 (antiplatelet & BP); A. Fib: Pioneer-AF-PCI. UTI: Nitrofurantoin vs Bactrim 5d.  
Apr-Dec/16 Diabetes trials: Empa-Reg, Iris, Leader, Elix, Teos. COPD trials: Flame. Antibiotics: CAP-Start & Bronchitis.  
Mar/16 DAPT trials: DAPT, PCL-CLARITY, PCI-CURE, PLATO, PEGASUS & TRITON-TIMI. Clopidogrel mortality.  
Dec/15 Sprint: Intensive <120 vs Std <140 Blood Pressure Targets; COPD Inhaler Technique. Antibiotic harms & infographic.  
Feb-Apr/15 Field: Fenofibrate in pts with Diabetes by Gender. Bioequivalency of Medications. Insulin graphic.  
Dec/14 & Jan/15 Improve-IT: ezetimibe + simvastatin vs simvastatin in ACS pts. Paradigm-HF: valsartan + sacubitril in HF.  
May/14 Varenicline for Smoking Cessation (52 vs 12 wks); Orthostatic Hypotension Management  
Nov/13 SPREAD-DIMCAD: Glipizide vs Metformin CV outcomes. Hypertension Urgency. Pain Overview & Tx.  
Oct/13 Insomnia: Older Adults. Saxagliptin: CV Outcome-SAVOR-TIMI 53. Abnormal Uterine Bleeding Chart, Diabetes Agents Outcome Comparison Summary Table & Opioid Tapering Template.  
Opioids, CNCP & Addiction Concern: What Can Pharmacists Do? Statin Intolerance-Management Options

Jun/13 Aspire & WarfASA trials: ASA preventing recurrent VTE. Senior trial: Solifenacin vs Oxybutynin in MCI  
May/13 Bacterial vaginosis in pregnancy? BPAD Tx during & after pregnancy? Warf Nomogram & vs DOACs  
Mar/13 RACE-II Trial: Opioid-Induced Constipation Q&A; Hypertension in the Media Q&A; HRT: Dops, Keeps  
Jan/13 New Charts: Hepatitis B & C, Anticholinergic Drugs, Pearls: Elderly & LTC, & Palliative Care  
Oct/12 Individualizing Glycemic Targets for the Frail Elderly with T2DM; Statins in the Media  
July/12 Diabetes in Pregnancy & Gestational Diabetes Mellitus (GDM); Anti-depressants in Pregnancy & Lactation  
Apr/12 Hirsutism Treatment Chart & Background Trial Summary; Anti-Infective MUMs Guideline 2012 Changes  
Mar/12 SHARP trial: simvastatin plus ezetimibe in CKD; AIM-HIGH: Nicotinic plus statin to prevent vascular events  
Dec/11 Catic-AD: Atypical Antipsychotic Drugs in Patients with Alzheimer's  
Sept/11 Rivaroxaban vs Warfarin in A. Fib (Rocket-AF); Opioid Patch Disposal Tool; Acute vs Palliative vs CNCP;  
Jul-Aug/11 Diabetes Landmark: Lipid, ASA & BP Trials Summary; Diabetes Overview Approach;  
Apixaban vs Warfarin in A. Fib (ARISTOTLE). Varenicline and the Risk of Serious CV Events  
Pain in the Elderly, Opioids vs NSAIDs trial summary; Opioids in the Elderly Q&A; Vapor Rub Trial  
Urine Drug Screening. Yaz/Yasmin: Safety Considerations related to Venous Thromboembolism  
Energy Drinks; Vitamin D Overview; RELY: Dabigatran vs Warfarin for AF; ACCORD Lipid & BP  
Buprenorphine Patch (BuTrans), ARBS and Risk of Cancer: Meta-analysis  
Thyroid Management: Hypo & Hyperthyroid Treatment Chart; Antifungal Treatment Chart  
Influenza – Overview Chart 2009 - Pandemic H1N1 (pH1N1); Zostavax (Shingles prevention vaccine)  
Sept/09 Active A (ASA vs ASA+clopidogrel) & W (ASA+clopidogrel vs warfarin) trials in atrial fibrillation  
July/09 Saskatchewan Drug/Health Information Links  
July/09 H1N1 (Swine Flu) Links; RECORD Trial Summary- Rosiglitazone for cardiovascular outcomes in T2DM  
Apr-May/09 HIV Drug Management Comparison Chart, Vaccines- Adult Comparison Chart  
Jan/09 PPIs May [Effectiveness Of Clopidogrel. What's the scoop on ACEI & ARB combinations causing harm?  
Jan/09 What's the scoop on ACEI & ARB combinations causing harm?  
Dec/08 ACCOMPLISH (Benazepril + amlodipine vs benazepril + hydrochlorothiazide in high cardiac risk hypertensive patients)  
Nov/08 JUPITER Trial Overview (Rosuvastatin Vs Placebo For Primary Prevention In Low-Moderate Risk Older Adults With Normal LDL, ↑CRP)  
Oct/08 Metformin Precautions (Renal, Hepatic & HF); Sitagliptin (Januvia); Insulin Pen Delivery Devices  
June/08 ENHANCE Trial Summary (Ezetimibe); Gout Treatment Chart; Pediatric Pain Comparison Chart  
June/08 Diabetes Landmark Trials Summary: ADVANCE & ACCORD  
Aug/07 & Feb/08 Lumiracoxib (Prexige) and Hepatotoxicity. Darifenacin (Enablex) vs Oxybutynin on Memory Impairment  
May/07 Rosiglitazone (Avandia) Cardiovascular Risk; DREAM Trial Overview; Diabetes Prevention Summary  
Sept/06 Malaria Prophylaxis CHARISMA Trial Summary (ASA +/- Clopidogrel)  
Jan/06 IDEAL- an Overview Herbal: Recent Developments (Cold-FX, glucosamine & Lakota)  
Sept/05 ASCOT-BPLA Trial; Cannabinoids: overview; Chronic Non-Malignant Pain: General Approach  
Feb-June/05 Restless Leg Syndrome/ Essential Tremor. QT Prolongation & Torsades de Pointes: Drugs & Sudden Death  
Aug-Nov/04 Lipid Therapy Update: Overview of CARDS Trial: Atorvastatin in Type 2 Diabetes  
May/04 Overview of PROVE IT-TIMI 22: Atorvastatin high-dose in ACS  
Apr-Dec/03 ARBs in Heart Failure: Observations on CHARM. ASCOT-LLA: Atorvastatin in Primary Prevention.  
Mar/03 How does the Australian (ANBP2) trial compare to ALLHAT?  
Sept-Nov/02 Age & the WHI (including a Patient Handout); HRT in Light of the WHI –Data in Perspective  
Mar/03 Monitoring of Creatine Kinase (CK) in Patients on Statin Therapy  
Feb-Dec/01 Handling Back Pain Up-Front: Treatment Options; Hypoglycemic Drug Interactions;  
Treatment of Hypersexuality Patients; Update on Meloxicam (Mobicox) & COX-2 Selectivity  
Mar-Nov/00 Selecting Cold Products Post-PPI; Asthma Q&A's; COPD - Pharmacotherapy Overview;  
COPD & Steroids; Bexidol [piroxicam-beta-cyclodextrin]; Diane 35 [Ethinyl estradiol 35 ug; Cyproterone 2mg]  
Sept-Oct/99 Chronic Unopposed Vaginal Estrogen Therapy; 'Natural' Hormone Replacement Therapy (NHRT)  
Mar- Dec/98 Is Fluoxetine Effective in the Treatment of PMS? Can Zyanban (bupropion) be given with SSRIs?  
St. John's Wort in the Treatment of Depression Antidepressant Drug Interactions  
Alternatives to Nifedipine for Hypertensive Urgencies Diuretics for Hypertension

## RxFiles 11<sup>th</sup> Edition Comparison Charts – All Updated to Mar/17 (206 pages, with 16 new pages)

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The Pocket 11<sup>th</sup> Edition is 5.5 x 7.5 inches (colour, tabbed, indexed) – but it has much smaller print.

The Combo Pak is one of the standard & one of the Pocket books together.

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