

ROCKET-AF: Rivaroxaban vs Warfarin in patients with Atrial Fibrillation ¹

Rivaroxaban Once daily oral direct factor Xa inhibition Compared with vitamin K antagonism for prevention of stroke and Embolism Trial in AF

BOTTOM LINE

In atrial fibrillation (AF) patients with an ↑ risk of stroke (mean CHADS₂ score 3.5), rivaroxaban 20mg po daily:

- Was non-inferior (i.e. no worse than) to warfarin for ↓ stroke or systemic embolism
- Had less hemorrhagic strokes, systemic embolism & bleeding (critical, fatal & intracranial) versus warfarin
- Had more drops in hemoglobin ≥20 g/L, transfusions, gastrointestinal bleeding, epistaxis & hematuria versus warfarin
- At time of publication, rivaroxaban for AF is approximately \$100/month; 15mg, 20mg tablets. [■]A Fib[®] Warfarin + monitoring ~\$35/month.

BACKGROUND

- Vitamin K antagonists (VKA) are used to ↓ the risk of stroke in AF patients; however, these agents require frequent monitoring, interact with drugs/food, & require several days of therapy to become therapeutic/discontinuation before clearing the body.
- New oral anticoagulants (apixaban **ELIQUIS**,^{2,3} dabigatran **PRADAX**^{4,5} & rivaroxaban **XARELTO**) are alternatives to VKA, such as warfarin.
- **Rivaroxaban XARELTO** is a new oral direct factor Xa inhibitor.
- **ROCKET-AF** is the first Phase III study assessing the use of rivaroxaban for stroke prevention in AF patients.

TRIAL BACKGROUND ⁶

DESIGN: randomized, multi-centre 45 countries, double-blinded, double-dummy controlled trial with concealed allocation; non-inferiority with pre-designed superiority, intention-to-treat & per-protocol analysis. Funded by Johnson & Johnson and Bayer.

INTERVENTION: rivaroxaban 20mg* po daily vs dose-adjusted warfarin (INR 2-3 measured ≤1 month)

* rivaroxaban 15mg po daily in patients with CrCl 30-49 mL/min see page 2 for subgroup analysis

INCLUSION: persistent/paroxysmal AF on ≥ 2 episodes¹ documented on ECG within 30 days of enrolment; age ≥ 18 yrs; risk of future stroke: history of stroke/TIA or systemic embolism **OR** ≥ 2 of the following: HF or LVEF≤35%, HTN (on BP meds 6 months before or SBP>140 mmHg or DBP >90 mmHg), age ≥75 yr, or DM (i.e. CHADS₂ score of ≥ 2). Only 10% could have a CHADS₂ score of 2, with the remainder having a score of ≥3 or prior stroke, TIA or systemic embolism.

EXCLUSION: Cardiac-related conditions AF due to reversible disorders, active endocarditis, mitral stenosis, presence of atrial myxoma or LV thrombus, planned cardioversion, prosthetic heart valve, BP ≥ 180/100 mmHg; **Hemorrhage risk-related criteria** active internal bleeding, hx of major surgical procedure or trauma within 30 days, GI bleed within 6 months, hx of intracranial/intraocular/spinal/atraumatic intraarticular bleeding, chronic hemorrhagic disorder, known intracranial neoplasm, arteriovenous malformation, or aneurysm, planned invasive procedure with potential for uncontrolled bleeding, including major surgery; anemia Hgb <100g/L; **any stroke within 14 days (severe within 90 days) or TIA within 3 days**; indication for anticoagulant therapy for a condition other than AF (e.g. VTE); tx with ASA>100mg/d, ASA/thienopyridine or IV antiplatelets within 5 days; fibrinolytics within 10 days; anticipated need for **long-term tx with NSAID**; systemic treatment with a strong inhibitor/inducer of CYP P450 3A4 within 4 days or planned treatment during the study; **pregnancy/breastfeeding**; HIV; **CrCl<30mL/min**; liver disease or ALT>3x ULN.

POPULATION at baseline: n=14,264 non-valvular AF patients at risk of stroke

- AF ~81% persistent, ~17.6% paroxysmal, 1.4% newly diagnosed/onset; CHADS₂ mean = 3.5, median=3, CHADS₂ score ~13% =2, 43% =3, 29% =4, 13% =5, rivaroxaban 1.7% vs warfarin 2.2% = 6 (p<0.05 for CHADS₂ score of 6).
- ~60% ♂; median age 73yrs 25% ≥78yrs, BMI 28 kg/m², BP 130/80 mmHg, CrCl 67mL/min
- History of stroke/TIA 55%, HF 63%, HTN 91%, DM 40%, MI 17%
- Baseline medications: β-blocker ~65%, diuretics 60%, ACE-I 55%, statins 43%, digoxin 39%, ASA 38%. Previous use of vitamin K antagonist 62%.

RESULTS

median follow-up: per-protocol (PP) & safety population = 590 days, intention-to-treat (ITT) = 707 days

TABLE: EFFICACY & SAFETY NON-INFERIOR DATA SUPERIORITY DATA									
PRIMARY ENDPOINTS	RIVAROXABAN		WARFARIN		HAZARD RATIO (95% CI)		NNT/NNH		Comments
	PER-PROTOCOL (n=6958)	ITT (n=7081)	PER-PROTOCOL (n=7004)	ITT (n=7090)	PER-PROTOCOL	ITT	PP/1.6yr	ITT/1.9yr	
Stroke or Systemic Embolism	2.70% (n=188) 1.7%/yr	3.80% (n=269) 2.1%/yr	3.44% (n=241) 2.2%/yr	4.32% (n=306) 2.4%/yr	0.79 (0.66-0.96)	0.88 (0.75-1.03)	135	-	RIVAROXABAN VS WARFARIN: - Non-inferior (i.e. no worse than) to warfarin for stroke or systemic embolism. - ↓ hemorrhagic stroke, systemic embolism & bleeding (critical, fatal & intracranial). - ↑ drop of hemoglobin ≥20g/L, transfusion, GI bleed, epistaxis & hematuria.
SECONDARY ENDPOINTS	RIVAROXABAN (n=7061)		WARFARIN (n=7082)		HAZARD RATIO (95% CI)		NNT/NNH /1.6YR		
EFFICACY: Based on safety population, rivaroxaban n=7061 vs warfarin n=7082 excluded violating site & those who did not receive a dose									
Stroke	2.61% (n=184) (1.65%/yr)	3.12% (n=221) (1.96%/yr)			NS				
Hemorrhagic Stroke	0.41% (n=29) (0.26%/yr)	0.71% (n=50) (0.44%/yr)			0.59 (0.37-0.93)		333		
Systemic Embolism	0.07% (n=5) (0.04%/yr)	0.31% (n=22) (0.19%/yr)			0.23 (0.09-0.61)		417		
Myocardial Infarction	1.43% (n=101) (0.91%/yr)	1.78% (n=126) (1.12%/yr)			NS				
All Cause Mortality	2.95% (n=208) (1.87%/yr)	3.53% (n=250) (2.21%/yr)			NS				
BLEEDING: Based on safety population, rivaroxaban n=7111 vs warfarin n=7082 excluded those who did not receive a dose									
Major Bleed*	5.6% (n=395) (3.6%/yr)	5.4% (n=386) (3.4%/yr)			NS				
Hemoglobin ↓≥20g/L	4.3% (n=305) (2.8%/yr)	3.6% (n=254) (2.3%/yr)			1.22 (1.03-1.44)		143		
Transfusion	2.6% (n=183) (1.6%/yr)	2.1% (n=149) (1.3%/yr)			1.25 (1.01-1.55)		200		
Critical Bleeding	1.3% (n=91) (0.8%/yr)	1.9% (n=133) (1.2%/yr)			0.69 (0.53-0.91)		167		
Fatal Bleeding	0.4% (n=27) (0.2%/yr)	0.8% (n=55) (0.5%/yr)			0.50 (0.31-0.79)		250		
Intracranial bleed	0.8% (n=55) (0.5%/yr)	1.2% (n=84) (0.7%/yr)			0.67 (0.47-0.93)		250		
Gastrointestinal Bleed†	3.2% (n=224)	2.2% (n=154)			P<0.05		100		
Epistaxis	10.1% (n=721)	8.6% (n=609)			P<0.05		67		
Hematuria	4.2% (n=296)	3.4% (n=242)			P<0.05		125		
Discontinuation Rates	23.7%		22.2%						

* Major Bleed = Hemoglobin ↓≥20g/L, transfused ≥2units, or symptomatic bleeding critical area or organ (intracranial, spinal, ocular, pericardial, articular, retroperitoneal, or intramuscular with compartment syndrome), fatal outcome or permanent disability.

† Gastrointestinal Bleed = upper, lower, rectal gastrointestinal bleeding

PUBLISHED SUBGROUP ANALYSES

Note: subgroup analyses are not powered to detect a conclusive difference between treatments groups; however, the following subgroup analyses were similar to the overall trial results with the entire patient population.

1) Pre-Designed Subgroup Analysis of ROCKET-AF Patients with Moderate Renal Impairment (=CrCl 30-49 mL/min at baseline)⁸

- Background: patients with CrCl 30-49 mL/min have a 25-30% ↑ rivaroxaban serum concentration → 25% ↓ in rivaroxaban =15mg
- N=2950 (20.7% of ROCKET-AF patient population), rivaroxaban 15mg po daily (n=1474) vs dose-adjusted warfarin (INR 2-3, n=1476)
- Population: compared to the ROCKET-AF patients with CrCl ≥50 mL/min, patients with a CrCl 30-49 mL/min:
 - ↑ age (median 79 years), CHADS₂ score (mean 3.7 ±1), history of HF ~66%, PAD ~7.5% & MI ~19%
 - ↓ ♂ 45%, BMI (median 25 kg/m²), history of stroke/TIA ~50% & DM ~32%
- Compared to the ROCKET-AF patients with CrCl ≥50 mL/min, patients with a CrCl 30-49 mL/min had an ↑ risk of stroke & systemic embolism (primary endpoint) & ↑ risk of bleeding.
- Rivaroxaban 15mg po daily vs warfarin had consistent results when compared to patients with preserved renal function.

2) Pre-Designed Subgroup Analysis of ROCKET-AF Patients with Previous Stroke or TIA⁹

- N=7468 (52% of ROCKET-AF patient population), previous stroke (n=4907) or TIA (n=2561)
- Median time from previous stroke or TIA to randomization was 551 days (interquartile range 126-1702 days)
- Rivaroxaban (n=3754) versus warfarin (n=3714)
- Population: compared to ROCKET-AF patients *without* a history of stroke/TIA, patients *with* a history of stroke/TIA (p<0.05):
 - ↑ CrCl (median 69 mL/min), CHADS₂ score (median 4), previous ASA (38%) or vitamin K antagonist (59%) use
 - ↓ age (median 71 years), BMI (median 27.5 kg/m²), persistent AF (80%), HTN 85%, HF 51%, DM 25%, MI 15%, PAD 5%, COPD 9%
- Regardless of study group, patients *with* a history of stroke/TIA had ↑ risk of stroke & systemic embolism (primary endpoint) & ↓ risk of major bleeding (compared to ROCKET-AF patients *without* a history of stroke/TIA):
 - Stroke & systemic embolism: *without* history of stroke/TIA 1.66% vs *with* a history of stroke/TIA 2.87%, HR 1.7 (95% CI 1.44-2.02), p<0.0001
 - Major bleeding: *without* history of stroke/TIA 3.89% versus *with* a history of stroke/TIA 3.18%, HR 0.81 (95% CI 0.7-0.93), p=0.0037
- The comparison of rivaroxaban versus warfarin was similar, regardless of whether the anticoagulants were used as primary or secondary stroke prevention.

STRENGTHS, LIMITATIONS, & UNCERTAINTIES

STRENGTHS:

- ♦ Important clinical endpoints (e.g. stroke & bleed) ♦ Double blind, double dummy with sham INRs
- ♦ Moderate to high risk of stroke (mean CHADS₂ score = 3.5)
- ♦ Used both per-protocol & intention-to-treat analysis
- ♦ Similar discontinuation rates in both groups (rivaroxaban 23.7% versus warfarin 22.2%)
- ♦ Only 32 patients lost to follow-up (0.22%)

LIMITATIONS:

- ♦ Warfarin was within therapeutic range only 55% North American sites 64% of the study period ACTIVE-W 63.8%, ARISTOTLE 66%, RELY 64%
- ♦ Short study duration ♦ One site violated Good Clinical Practice
- ♦ ~ 35% of patients in each arm of the trial were on concomitant aspirin treatment

UNCERTAINTIES:

- ♦ Drug not yet studied in patients with CrCl<30 mL/min or in liver disease
- ♦ Drug interactions?
- ♦ ↑ stroke after rivaroxaban stopped 28 days later
- ♦ No antidote for reversing bleeding with rivaroxaban
- ♦ Lack long-term follow-up & real-world experience with rivaroxaban

RELATED STUDIES

J-ROCKET AF¹⁰

- Japan was not included in the original ROCKET-AF trial because:
 - Pharmacokinetic data: C_{max} & area under the curve for rivaroxaban 15mg po daily in Japanese patients ≈ rivaroxaban 20mg po daily in Caucasians.
 - Japanese clinical practice guidelines recommend a target INR of 1.6 – 2.6 in patients' ≥70 years of age.
- N=1280; randomized, double-blind, double-dummy, multicentre 167 sites non-inferiority trial in Japan.
- Intervention: rivaroxaban 15mg* po daily versus dose-adjusted warfarin (INR 2-3 in patients <70 years of age & INR 1.6-2.6 in patients ≥70 years old).
 - * rivaroxaban 10mg po daily in patients with CrCl 30-49 mL/min → 22% of the patient population
- **Safety:** rivaroxaban was non-inferior to warfarin for the composite of major & non-major bleeding; individual composite endpoints not statistically significant when separated. Differences in location of bleeds were not tested for statistical significance.
- **Efficacy:** not powered for efficacy stroke & systemic embolism was NS (p=0.05).
- Overall, the J-ROCKET AF study results were similar to the global ROCKET-AF study.

RxFILES RELATED LINKS

- Atrial Fibrillation Treatment Overview <http://www.rxfiles.ca/rxfiles/uploads/documents/members/cht-Atrial-Fibrillation.pdf>
- Oral Antiplatelet & Antithrombotic Agents Comparison Chart <http://www.rxfiles.ca/rxfiles/uploads/documents/members/cht-AntiThrombotics.pdf>
- Canadian Family Physician RxFiles: Article Oral anticoagulation in atrial fibrillation <http://www.cfp.ca/content/58/8/850.full>
- ARISTOTLE (apixaban ELIQUIS vs warfarin in AF) Trial Summary <http://www.rxfiles.ca/rxfiles/uploads/documents/ARISTOTLE-AF-Apixaban.pdf>
- RELY (dabigatran PRADAX vs warfarin in AF) Trial Summary <http://www.rxfiles.ca/rxfiles/uploads/documents/RE-LY-Trial-Dabigatran.pdf>
- ACTIVE-A (ASA ± clopidogrel PLAVIX in AF) & ACTIVE-W (ASA + clopidogrel PLAVIX vs warfarin in AF) Trial Summary <http://www.rxfiles.ca/rxfiles/uploads/documents/ACTIVE-A-Trial-Summary.pdf>
- RACE-II (lenient vs strict rate control in AF) Trial Summary <http://www.rxfiles.ca/rxfiles/uploads/documents/RACE-II-trial.pdf>
- PALLAS (dronedaronе MULTAQ in permanent AF) Trial Summary <http://www.rxfiles.ca/rxfiles/uploads/documents/PALLAS-trial%20summary.pdf>

♂=male ♀=requires EDS in SK ⊕=not covered by NIHB ACE-I=angiotensin converting enzyme inhibitor AF=atrial fibrillation ALT=alanine aminotransferase ASA=acetylsalicylic acid β-blocker=beta blocker BMI=body mass index BP=blood pressure CI=confidence interval COPD=chronic obstructive pulmonary disease CrCl=creatinine clearance CYP=cytochrome DBP=diastolic blood pressure DM=diabetes EDS=exceptional drug status ECG=electrocardiogram GI=gastrointestinal HF=heart failure Hgb=hemoglobin HIV=human immunodeficiency virus HR=hazard ratio HTN=hypertension hx=history INR=international normalized ratio ITT=intention-to-treat IV=intravenous LV=left ventricle LVEF=left ventricular ejection fraction MI=myocardial infarction NNT=number needed to treat NNH=number needed to harm NS=not significant NSAID=nonsteroidal anti-inflammatory drug PAD=peripheral artery disease PP=per-protocol SBP=systolic blood pressure TIA=transient ischemic attack tx=treatment ULN=upper limit of normal VKA=vitamin K antagonist VTE=venous thromboembolism yrs=years

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