



Available Via Subscription (Individual or Group) to *RxFiles Online* & Free to Health Professionals in SK

Chronic Pain Book – 2nd Edition (Feb 2020)

<http://www.rxfiles.ca/pain>

Chronic Pain Treatment Colour Chart – Pain Meds, Comparison of Benefits & Harms (Updated May 2020)

<http://www.rxfiles.ca/rxfiles/uploads/documents/members/CHT-Pain-Tx-Outcomes-Colour.pdf>

CNCP Treatment Overview Chart (Updated April 2020)

<http://www.rxfiles.ca/rxfiles/uploads/documents/members/CHT-Pain-Chronic-NonCa.pdf>

Prescription for Managing Opioid Withdrawal (modifiable MS Word version)

<https://www.rxfiles.ca/RxFiles/uploads/documents/members/Opioid-Withdrawal-Rx.docx>

Pain Approaches Comparison – Acute/Palliative/CNCP (Updated Nov 2019)

<http://www.rxfiles.ca/rxfiles/uploads/documents/members/CHT-Pain-Approaches-Acute-Palliative-CNCP.pdf>

Pain Overview & Acute Pain Chart (Updated Nov 2019)

<http://www.rxfiles.ca/rxfiles/uploads/documents/members/CHT-PAIN-Acute-Tx.pdf>

Opioid Related Constipation Q&A (Updated June 2013)

<http://www.rxfiles.ca/rxfiles/uploads/documents/members/Opioid-Induced-Constipation-QandA.pdf>

Available Free

Opioid Patient Q&A Booklet (May 2018)

<http://www.rxfiles.ca/rxfiles/uploads/documents/Opioid-Patient-Booklet-Taper-RxFiles.pdf>

Buprenorphine-Naloxone for Chronic Pain Patient Q&A Booklet (Oct 2020)

<https://www.rxfiles.ca/rxfiles/uploads/documents/bup-nal-patient-booklet.pdf>

PainLinks: Resources for Those Living with Pain (For SK Residents) (Oct 2020)

www.RxFiles.ca/PainLinks

Patient Informed Consent & Agreement - Opioid

<http://www.rxfiles.ca/rxfiles/uploads/documents/Opioid-Informed-Consent-And-Agreement.pdf>

Opioid Tapering Template

<http://www.rxfiles.ca/rxfiles/uploads/documents/Opioid-Taper-Template.pdf>

RxFiles Physical Activity Prescription

a) <http://www.rxfiles.ca/rxfiles/uploads/documents/Exercise-RxFiles-Rx.pdf>

b) (modifiable MS Word version) <http://www.rxfiles.ca/rxfiles/uploads/documents/Exercise-RxFiles-Rx.doc>

Opioid / Fentanyl Patch Exchange Tool

<http://www.rxfiles.ca/rxfiles/uploads/documents/Opioid-Patch-Exchange-Disposal-Tool.pdf>

Opioid Clinic Policy - Sample

<http://www.rxfiles.ca/rxfiles/uploads/documents/members/Opioid-Controlled-Substance-Rx-Clinic-POLICY.pdf>

Geri-RxFiles: Pain Management in Older Adults (June 2019)

<http://www.rxfiles.ca/rxfiles/uploads/documents/GeriRxFiles-Pain.pdf>

a) **CFP Article:** Opioids for Chronic Noncancer Pain in the Elderly <http://www.cfp.ca/content/57/8/907> (Aug 2011)

Cannabinoids Newsletter (Feb 2019)

<https://www.rxfiles.ca/RxFiles/uploads/documents/CANNABINOIDS-Newsletter-CHT-QandA-RxFiles.pdf>

a) **CFP Article:** Navigating Cannabinoid Choices for Chronic Neuropathic Pain in Older Adults (Nov 2019)

<https://www.cfp.ca/content/65/11/807>

Opioid Tapering Newsletter (May 2018)

<http://www.rxfiles.ca/rxfiles/uploads/documents/Opioid-Tapering-Newsletter-Compilation.pdf>

a) **CFP Article:** Tapering Opioids Using Motivational Interviewing (Aug 2018)

<http://www.cfp.ca/content/64/8/584>

Pain Management and Opioids Newsletter – (Nov 2017)

<http://www.rxfiles.ca/rxfiles/uploads/documents/Opioids-Pain-2017-Newsletter.pdf>

Opioids & CNCP- What Can Pharmacists Do to Better Address Both “Pain” & “Addiction/Diversion” Concerns?

<http://www.rxfiles.ca/rxfiles/uploads/documents/Pain-Opioids-Pharmacists-QandA.pdf>

See next page for more

Other Links

CADTH Opioids Evidence Bundle

<https://www.cadth.ca/evidence-bundles/opioid-evidence-bundle>

CADTH Pain Evidence Bundle

<https://www.cadth.ca/evidence-bundles/pain-evidence-bundle>

CADTH Evidence Summaries for Non-Pharmacological Methods for Managing Chronic Pain (Sep 2020)

<https://cadth.ca/tools/non-drug-ways-manage-chronic-pain>

CEP Chronic Non-Cancer Pain Toolkit (May 2018)

<https://cep.health/clinical-products/chronic-non-cancer-pain/>

CEP Opioid Tapering Template (Feb 2018)

<https://cep.health/clinical-products/opioid-tapering-template/>

CEP Opioid Manager (Nov 2017)

<https://cep.health/clinical-products/opioid-manager/>

SHA Opioid Stewardship Program – Practitioner Resources

<https://www.saskhealthauthority.ca/Services-Locations/stewardship-clinical-appropriateness/Pages/Practitioner-Resources-.aspx>

MAC iOPS Naloxone for Opioid Overdose

<https://pharmacy-nutrition.usask.ca/mac/patients/naloxone-for-opioid-overdose.php>

ISMP Opioid Pain Medicines: Information for Patients and Families

<https://www.ismp-canada.org/download/OpioidStewardship/opioid-handout-bw.pdf>

Canadian Guideline for Opioids for Chronic Non-Cancer Pain (May 2017)

<http://nationalpaincentre.mcmaster.ca/guidelines.html>

US Dept of Health and Human Services (HHS): Guide for Clinicians on the Appropriate Dosage Reduction of Long-Term Opioid Analgesics (Oct 2019)

https://www.hhs.gov/opioids/sites/default/files/2019-10/Dosage_Reduction_Discontinuation.pdf

www.RxFiles.ca/PainLinks