

DID YOU KNOW...

MANY EAR INFECTIONS GET BETTER WITHOUT AN ANTIBIOTIC

EAR INFECTIONS ARE ALSO KNOWN AS ACUTE OTITIS MEDIA

**EAR
PAIN**



IRRITABILITY

**LOW
GRADE
FEVER**

DIFFICULTY SLEEPING

These worsening symptoms may have appeared after your child had a viral infection such as the common cold.

How long has your child been bothered by these symptoms?

Depending on the situation, your provider may recommend waiting 48 hours to help determine whether or not an antibiotic is needed.

Ear infections usually get better in 3 to 7 days.

Most children (about 2 in 3) will get better without an antibiotic, even if the infection is caused by a bacteria.

WHAT CAN YOU DO WHILE WAITING?

- Use pain and fever relievers such as acetaminophen **TYLENOL** or ibuprofen **ADVIL**.
- Schedule medication regularly during the day for the first 48 hours.
- Use **weight-based dosing** if able. Ask your healthcare provider for help calculating the right dose for your child. Age-based dosing may lead to underdosing and poor pain control.

Gone Viral?



Skip the antibiotic.

To learn more visit: www.RxFiles.ca/ABX Promoting antibiotic awareness