

DID YOU KNOW...

MANY EAR INFECTIONS GET BETTER WITHOUT AN ANTIBIOTIC

EAR INFECTIONS ARE ALSO KNOWN AS ACUTE OTITIS MEDIA

Your provider may recommend **waiting 48 hours** to help determine whether or not an antibiotic is needed.

How long has your child been bothered by these symptoms?

EAR PAIN

+/-

LOW GRADE FEVER

IRRITABILITY

RECENT COLD

DIFFICULTY SLEEPING

Most children will get better without an antibiotic, even if the infection is caused by a bacteria. You can expect your child to get better within 7 days.

TIPS FOR PAIN & FEVER RELIEF

- Some options include **acetaminophen** TYLENOL or **ibuprofen** ADVIL/MOTRIN.
- **Schedule** these regularly for the first 48 hours while awake, then as required.
- Using a **child's weight** rather than **age** to determine how much medicine to give **may provide better pain and/or fever relief.**
- Ask a healthcare provider to help calculate the best dose.

Gone Viral?



Skip the antibiotic.

To learn more visit: www.RxFiles.ca/ABX **Promoting antibiotic awareness**